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HALIFAX • THURSDAY, SEPTEMBER 25, 2008 metronews.ca

**Celebrity** pg 26

**American Idol alum Aiken comes out**

# Luke fired by association

Board says former Tory candidate wrote \$85,000 in unexplained cheques

**RACHEL BOOMER**  
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**Former Halifax Conservative candidate Rosamond Luke has been fired, after allegations she wrote \$85,000 worth of unapproved cheques from an immigrant women's association she helped create.**

Board chair Brenda Saunders/Todd, of the All Women's Empowerment and Development Associa-

tion, said there's only \$20,000 left in the group's bank account. It owes more than that in taxes and payroll, and so the charity was forced to close.

Luke was fired yesterday. Three other employees of the association are now out of work.

"It's clearly the case that there was egregious mismanagement," said board member Patricia Glazebrook.

No one from AWEDA had called police as of

## Public money

• The federal Liberals and NDP MP Peter Stoffer have asked Auditor General Sheila Fraser to investigate where \$142,700 from a Status of Women Cana-

da grant given to AWEDA went. The now-defunct group also received \$19,000 of a \$40,000 grant from the IWK Health Centre.

press time, Glazebrook and Saunders/Todd said. Luke is not facing any criminal charges, nor have any of the allegations been proven in court.

Luke's troubles began after she was chosen as a

reporters dug up the criminal file, it had to do with another relationship entirely. That's when AWEDA began to investigate its own finances.

Saunders/Todd said a series of cheques had been made out either to Luke, or to cash. Some of those were marked as Luke's paychecks — she made \$60,000 a year. Others are marked as expenses.

Messages left for Luke via e-mail and at her home were not returned.



Former Tory candidate Rosamond Luke leaves after a meeting with AWEDA Tuesday.

# 70 ousted from home after blaze in Dartmouth

**PAUL MCLEOD**  
paul.mcleod@metronews.ca

Fire ripped through a Dartmouth apartment building inhabited mostly by seniors yesterday, displacing 70 people.

Officials don't know how the fire at 21 Albert Street started, but said it spread through the walls throughout the building.

Charlene Sampson first heard a smoke alarm going off when she came home around 4:30 p.m. They tracked the sound to a second-floor room.

"I didn't see flames. All I saw was smoke everywhere. Just billowing smoke, it was unbelievable," said Sampson.

The superintendent found no one in the room and the building was soon evacuated.

Fire officials chased the fire for over an hour before it exploded out of a fourth floor apartment, with mas-



Firefighters battle a blaze on the roof of a four-storey apartment building at 21 Albert St. in Dartmouth yesterday. All of the residents were evacuated and two firefighters suffered minor injuries while fighting the blaze.

sive flames shooting out of a balcony.

No residents were hurt

but one firefighter suffered smoke inhalation and another had slight burns.

"There's major structure damage to this building, so I'd say (residents) will be

out for a while," said fire department spokesman Mike LeRue.

## Local page 4



**Boyd wants tolls cut, bridge built**

## Entertainment 22

**TV on the Radio make masterpiece**

## Election 2008 page 14

• Andrew Cohen on Harper's war on culture  
• Tories promise to fine big polluters

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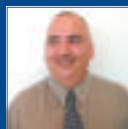
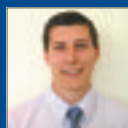
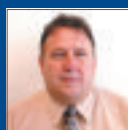
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## Vision care conference

Some of the world's leaders in eye care are meeting for a conference at Dalhousie University this week. It's open to the public and some of the topics will include corneal transplants and the global blindness burden. **METRO HALIFAX**

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# Local



## Online nation

Canadians continue to be among the most frequent Internet users in the world, according to a study by the Canadian Internet Project. The average number of hours spent online increased from 13 hours a week in 2004 to 17 hours a week in 2007. **METRO HALIFAX**



Canadian war veterans take part in a ceremonial unveiling of a new memorial recognizing the merchant navy at Dewolfe Park in Bedford yesterday.

## Honouring a legacy

DEVIN STEVENS  
for Metro Halifax



**Hundreds of veterans, politicians, soldiers and members of the public gathered on the shore of the Bedford Basin yesterday morning for the unveiling of a memorial to honour Canada's merchant navy.**

The force dodged German U-boats during the Second World War, transporting much-needed supplies from Canada to Britain.

With 1,600 dead, the merchant navy suffered the

biggest percentage of losses of any of Canada's armed services.

"They did it well. With steely determination, grit and courage, hunted by an aggressive enemy, in ships that did not have the luxury of speed," said Rear Admiral Paul Maddison. "It's hard to believe, when you know their story, how long and how hard these veterans of the merchant navy had to fight for recognition."

A huge anchor in Bedford's DeWolfe Park will serve as a memorial to the merchant sailors, along with an engraved plaque.

It's one of the legacy projects sponsored by the Democracy 250 program.

"We must always honour their hard work and sacrifice," said Lt.-Gov. Mayann Francis.

"(They) ensured that as many citizens as possible exercised their right to vote ... by fighting in the wars."

But some sailors don't feel appreciated. Merchant sailor veterans weren't granted the same status as those who served with the Royal

Canadian Navy until 1992. Peter Hutchins served in England's merchant navy,

but has lived in Canada for the last 50 years. He said when he was doing it for the British Empire, not an individual country. Nevertheless, he says he's not treated like a war hero.

"I'm told that because we're born in London, we're not veterans," Hutchins, 82, said. "It's ridiculous. I get no privileges that Canadian veterans do."

**"We must always honour their hard work."**

Lt.-Gov. Mayann Francis

[www.peterkelly.ca](http://www.peterkelly.ca)



## News in brief

**ROBBERY** A man robbed the Bank of Nova Scotia on Chebucto Road yesterday. It happened just after noon. A man walked into the bank and told a teller he had a weapon. He was given money and he took off. Police say no weapon was displayed and no one was injured. The robber is described as a 5'7" tall white man who is around 40 years old. It was noticed he walked with a limp.

**BREAK AND ENTER** Police arrested three teenaged boys for breaking into a cottage on Riley Road in Hammonds Plains. Two 16-year-old boys and a 17-year-old boy broke in and stole liquor, food and caused minor damage. Neighbours called in police with descriptions of suspicious behaviour in the area. RCMP officer found the robbed cottage and arrested the three teens. They will be charged with break and enter, theft and mischief charges.

**DRUGS** An 18-year-old man was arrested and accused of

trafficking marijuana near Auburn high school in Cole Harbour. RCMP officers found 50 grams of marijuana as well as scales and other drug paraphernalia in his truck yesterday.

**BUST** A suspicious pipe on a house was the first clue. RCMP officers moved in on a tip and busted a marijuana grow operation in Lower Sackville Tuesday night. Police seized 49 plants and other items and arrested a 49-year-old man.

**THEFT** A surveillance video helped police arrest a man and a woman for breaking into a house. On Tuesday morning, a couple awoke to find their house on Houde Court had been broken into overnight. When police investigated, they found a credit card was stolen and later used at several businesses. An investigator examined the surveillance video from one of the stores and recognized the suspect. A 42-year-old man and a 24-year-old woman were arrested on Forest Hills Drive Tuesday night.

**METRO HALIFAX**

## Possible passenger service by holidays

**YARMOUTH** The man tasked with making things happen at the Yarmouth airport says Yarmouth could be getting an early Christmas present.

Jeff Monroe, the airport's contract manager and director of development, told The Vanguard he is in serious dialogue with two carriers, one Canadian and one American, both of which he

classified as small.

If things go according to plan, Monroe said some kind of passenger service could be established in Yarmouth before Christmas provided they secure commitments from companies "within the next two to three weeks."

"If not, our next window would be in the spring," he said.

**METRO HALIFAX**

## Volunteer board could be forced to pay back funds

Rosamond Luke leaves behind a charity now broke and a volunteer board that could be on the hook for the debt.

The All Women's Empowerment and Development Group was given \$142,700 by the federal government back in March. But when the board of directors looked at the books last week, they found just over \$20,000 left.

AWEDA owes more than that in taxes and staff salaries. Now the volun-

teer board of directors could be responsible for paying that back.

"We certainly could be. It's terrifying. It's absolutely terrifying," said board member Patricia Glazebrook.

"I'm a volunteer who's put a significant amount of time and effort into this project and now it could cost me in the long-term. I'm a single mother with a small child."

A lawyer contacted by Metro said the board could be liable even though they

didn't know former executive director Rosamond Luke had spent all the money.

"You are liable unless you can show you exercised due diligence," said Michael Wood of Burchell Hayman Parish.

"Any board is potentially liable.... With volunteer boards, potentially there's a greater risk because a lot of times they don't have the structure that larger corporations have to make sure reporting gets done."

**PAUL MCLEOD/METRO HALIFAX**



All Women's Empowerment and Development Association board members Patricia Glazebrook, left, and Brenda Saunders/Todd announced yesterday they were shutting down AWEDA.

[metronews.ca](http://metronews.ca)

What's online today.

**Watch** Justin Trudeau campaigning with his mother Margaret in Montreal at [www.metronews.ca/canada](http://www.metronews.ca/canada) Also, the principal of Luther College in Regina addresses the media after helping to end a standoff with a gun-wielding former student [www.metronews.ca/canada](http://www.metronews.ca/canada) **Play** online Crosswords!

## Lotteries

Lotto 6/49 10, 27, 36, 40, 42 & 43 Bonus 37  
These results are not official.



David Boyd, HRM mayoral candidate, wants to see bridge tolls drop from 75 cents to 50 cents.

## Boyd wants tolls slashed

PAUL McLEOD  
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**ELECTION** Imagine a Halifax with no bridge tolls, and a third bridge over the Northwest Arm.

David Boyd does. The HRM mayoral candidate known for his controversial pledges released his transportation platform yesterday and it didn't disappoint.

Boyd at once came out against a third bridge between Halifax and Dartmouth for being too expensive, while calling for a walking bridge to be built over the Northwest Arm.

Boyd said the new bridge could be paid for by bringing more businesses to Halifax, though he admitted this could take two or three decades.

He also called for quickly paying down the Bridge Commission's debt, while proposing a cut in bridge toll prices from 75 to 50 cents.

"We should look at some point where there'll be no more tolls at all. The reason why we have tolls is because of bad planning," said Boyd.

"It's like an anchor, the price of these bridges that we're paying to finance

them. We should find a solid plan by say 2021 we want them to be totally debt free."

But Bridge Commission treasurer Ken Munro said Boyd's plan is "not even an option." Munro said the bridge has been fully paid for, and the remaining debt is due to ongoing costs and upgrades — such as \$55 million to expand the MacDonald to three lanes.

**"We should look at some point where there'll be no more tolls at all. The reason why we have tolls is because of bad planning."**

David Boyd, HRM mayoral candidate

"It's just not an option to do it (lower or eliminate tolls). Not with our costs," said Munro. "Maintaining a bridge is an extremely costly item."

Also, the bridge commission works with the province so the municipality has no authority over it. Boyd would like to see that change, however.

### News in brief

**FIRE** A family with three young children and two in-laws escaped a duplex fire in Kentville Tuesday night. The

Red Cross is helping out the family, who are staying with relatives.

METRO NEWS SERVICES



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**Working on his speech**

Kevin Hamm, president of DownEast Communications, will speak to executives from China at York University in Toronto tomorrow. **METRO HALIFAX**

local 5

# Diseases rising as more N.S. youth having sex

DEVIN STEVENS  
for Metro Halifax



**Health officials say more and more young people are having casual — and often unprotected — sex, and now the rate of chlamydia in Nova Scotia is well above the national average.**

"Probably over the last three years it's been the case," said Ruth Fox, a nurse with Public Health's Communicable Disease Control Program.

"We need to do something about this. We need to raise the public's awareness, yet again, that sexual activity can lead to sexual

## STDs in numbers

- Young people aged 15 to 24 are at the greatest risk.
- The national average of chlamydia infection is 170 per 100,000.
- In Nova Scotia, 190 cases are reported for every 100,000.

infection."

Fox says the disease often doesn't show symptoms, meaning carriers spread chlamydia without knowing they're infected.

The good news is it's easy to treat with one dose, and the drugs are relative-

ly cheap. But prevention is still key.

Fox says condoms are necessary and sexually active people should regularly have themselves tested.

It's not just Nova Scotia, either, she says. Infection rates are rising across the country for all sexually transmitted infections.

Complacency led to an outbreak of syphilis in Nova Scotia five years ago. Fox said it had become so rare, doctors had trouble treating it. It was like a brand new disease.

"People are being naive if they think they will know if a person has an infection," Fox said.

## Halifax Go fetch!



One-year-old Ellie dives after a stick thrown by Cory Vandewauwer as the pair enjoy a sunny afternoon along Lake Banook yesterday.

## News in brief

**INTERNET** Rural broadband is getting closer to a reality for those in the Port Joli and Greenfield areas. Region of Queens Municipal Council approved Sept. 15 a proposal by EastLink to decrease the time required before they can start building the high-speed Internet broadcast towers. The approval means that the time required has gone from 120 days to 40 days. It isn't a free pass for EastLink though, says Mayor John Leefe.

**JOBS** The long-promised manufacturing plant for Yarmouth is about to come to fruition. Xperion of Germany will build a factory at the Yarmouth airport to make composite parts for aircrafts. The five-year outlook for the operation calls for 15 jobs to start with the potential to grow to 200. **METRO HALIFAX**

## Teen pleads guilty, says sorry to victims' families

A Dartmouth teen will spend two years on probation for causing a car crash last summer that killed Alex Lambert, 20, and Allyson Kinley, 23.

Yesterday, the 18-year-old pleaded guilty to the Aug. 2, 2007, incident.

He was due to stand trial on five charges, including street racing.

But he pleaded guilty only to dangerous driving.

He apologized in court, and Adele Kinley, mother of one of the young victims killed in the crash, told reporters that she accepts his apology.

"That's what we wanted to hear, that he was sorry

**"That's what we wanted to hear, that he was sorry for his part in it,"**

Adele Kinley, mother of 23-year-old girl killed in crash

for his part in it," she told CTV News.

"He's not a bad kid, he just got caught in a bad situation."

The 18-year-old was 17 at the time of the car crash, so his identity is banned from publication under the Youth Criminal Justice Act. **METRO HALIFAX**

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# Community groups looking to transform HRM council

JENNIFER TAPLIN

jennifer.taplin@metronews.ca

**At least two community groups would love to redraw the HRM.**

Twenty-three councillors and a mayor just don't work, according to the Bedford Community Council and Citizens for Halifax.

One group wants the council split into two: One rural, one urban. The other wants community councils to have decision-making powers for certain issues.

The way the city manages itself has been a topic in the run-up to the election. Mayoral candidate Sheila Fougere said she'd consider a plebiscite on de-amalgamation.

But de-amalgamation can be a frightening word, said Malcolm Fraser, chair of Citizens for Halifax.

"It makes people think we're going backwards and, really, what we need to do is go forwards and evolve amalgamation into something more effective."

Donna Lugar of the Bed-



Donna Lugar, a member of the Bedford Community Council, poses in front of the Dr. Gerald J. LeBrun Recreation Centre. Lugar would like to see community councils that would have the authority to make decisions on community issues such as building new recreation facilities.

ford Community Council said she doesn't want de-amalgamation either. She said it's too expensive and things would go back to the way they were anyway.

She'd rather have a scaled-down, elected-at-large council, plus community councils making decisions. Their jurisdiction

would be anything that directly relates to the community, including parks, potholes and streetlights.

It wouldn't mean more elected officials, she said, because the HRM council would be small to fill the ranks in the community councils.

Fraser said HRM has the

largest geographic land mass of any city in the country and only a small part of it is urban. And in some districts, only a fraction of the money earned there is spent there.

"Is the structure amalgamation was set up for working? A lot of people would say no," Fraser said.

## Hospital opposes Tories' plans for young offenders

DEVIN STEVENS  
for Metro Halifax

**"It's rehabilitation of the young people that we're really concerned about."**

Ruth Carter

**CRIME** After Prime Minister Stephen Harper's pledge to get tougher on young offenders, the IWK Health Centre is taking the rare step of wading into the political arena.

Ruth Carter, the children's hospital's director of child and youth forensics services, says releasing the names of 14-year-old offenders and handing children life sentences will do more harm than good.

"It's rehabilitation of the young people that we're really concerned about," she said.

If re-elected, Harper says the Tories will change the law to allow the names of violent offenders older than age 14 to be released.

Youth convicted of murder could be given life sentences.

Carter said there is no scientific evidence that "naming and shaming" young people will lead to less crime. Naming a young offender gives the public a false sense of security that they'll be safe.

More jail isn't the answer either, Carter says, since locking youth up with other violent offenders can actually make things worse — criminals end up becoming their friends and role models.

## Halifax-area companies honoured

**AWARDS** Progress Magazine has released its top 101 companies in Atlantic Canada for 2008 and two Halifax-area companies have won awards.

Dartmouth's Jacques

Whitford Group of Companies is the Most Balanced Organization. Halifax's Kilam Properties won for Excellence in Customer Orientation.

**METRO HALIFAX**

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A new Englishtown ferry was named 'The Torquil MacLean' by two students yesterday who won an essay competition. **METRO HALIFAX**

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Glen Douglas Race is led into court in Plattsburgh, N.Y., earlier this month.

## Closing arguments made in Race case

Trial nears end for N.S. man in N.Y. slaying

**A judge is now deciding the fate of accused murderer Glen Race.**

In a surprising turn of events, defence lawyer Mark McCormick didn't present the anticipated insanity defence.

McCormick later said the circumstantial evidence in the case didn't prove the prosecution's case beyond a reasonable doubt, so he didn't feel the need to do so.

Race, a Nova Scotia man who has been diagnosed with paranoid schizophrenia, is charged in the May 10, 2007, shooting death of father of two Darcy Manor.

The only defence witness, Carol Vennette, who lives near the rural camp where Manor was shot, testified that she saw two men driving Manor's truck away from the lodge shortly after Manor's death.

McCormick said her testimony raises questions about whether someone

### Timeline

- Clinton County Court Judge Kevin Ryan may give his decision Friday.

else actually committed the murder.

Officials allege Race was fleeing after killing Trevor Charles Brewster and Michael Paul Knott in Halifax, when he encountered Manor at a rural Mooers, N.Y., camp.

Prosecutors allege Race killed Manor because he was looking for a getaway car.

McCormick argued the testimony and evidence were merely circumstantial and that no scientific or direct evidence firmly linked Race to the lodge or Manor's murder.

He said there was strong evidence that Race was in the Drown Road area around the time of the

killing and that he possessed the murder victim's stolen property, but that nothing directly linked him to the crimes.

McCormick said "no one with any common sense" could link the bullet fragment pulled from Manor's body to the rifle that was allegedly found with Race at the time of his arrest.

District Attorney Andrew Wylie acknowledged there was no direct physical evidence linking Race to the lodge and local murder, but said the circumstantial evidence of his guilt is "overwhelming."

"Circumstantial? Yes. Coincidental? I think not," he said during his closing argument, suggesting Race wore gloves during the crime to make sure no fingerprints were left behind.

"What the defendant is, your honour, is a cold-blooded killer."

THE PLATTSBURGH PRESS-REPUBLICAN

## Police probing motel blaze overhear man making threats

JENNIFER TAPLIN  
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**BLAZE** Police are looking into a suspicious fire at the Bedford Motel.

A fire broke out on the second floor hallway yesterday morning at 9:23 a.m. Firefighters quickly put out the fire and damage to the motel on the Bedford Highway was minimal.

But while they were there, police noticed two men outside the motel in an argument.

One of them was overheard uttering threats to the other.

Police arrested a 51-year-old man.

He was set to appear in court later in the day to be charged with uttering threats and breaching recognition.

Firefighters meanwhile determined the fire was set and turned the matter over to police.

Investigators are looking into it and will determine if the fire was linked to the argument between the two men.

### News in brief

**CLOSING** Liverpool's Mersey House pub has closed following lawsuits against its owner for unpaid bills. The spot on Main Street was voted Nova Scotia Music Awards Venue of the Year last year, but the business' founder Michael Loveridge faces 32 cases of accusations of unpaid accounts before the Supreme and small claims courts. The claimants include Brady Building Supplies of Liverpool, Loveridge's lawyer Jim DiPersio, and G.W. Motors of Bridgewater. Brady is the largest claimant, with a mechanic's lien of nearly \$90,000, most of which was paid off before CIBC foreclosed on Loveridge's house. **METRO HALIFAX**





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# Bernard family vows to fight request for sentencing circle

**MILLBROOK** Family members of the late Nora Bernard are vowing to fight her killer's intention to be sentenced by way of a native sentencing circle.

Bernard's daughter Leanna MacLeod and sister Matilda Bernard are speaking out against the use of the circle, which they say Nora would not have wanted and which they say her murderer doesn't deserve.

They also have concerns regarding whether Judge John MacDougall, who has

presided over the proceedings so far, should continue to do so.



Gloade

Gloade, 25, pleaded guilty to manslaughter in her death. MacLeod, Matilda Bernard and other members of the late matri-

Frustrations are running high for the family only two days after Bernard's grandson, James Douglas Noel

**"You can't stick a killer in front of family ... he's not going to learn anything from us. He already took something from us."**

Matilda Bernard

arch's family plan to continue voicing their concerns publicly leading up to Gloade's sentencing on Oct. 21.

The women are also planning a protest Friday morning at Bernard's former residence on Willow Street, to help rally support for their cause.

"This is the first step, we're not going to let him sit in a circle," said Matilda Bernard.

Sentencing circles involve community elders, family members of both the victim and the accused, legal representatives and a judge.

The process offers a rec-

ommended outcome that is not binding on the presiding judge.

Community elders must also agree to participate in order for the circle to proceed, which the two women MacLeod hope to persuade them against.

"He has no sense of respect whatsoever," MacLeod said of her nephew.

"So, how is he supposed to respect our elders in a circle?"

MacLeod was referring to harsh language and insulting hand gestures Gloade directed toward media and family members as he was led into the Truro courthouse Tuesday.

"You can't stick a killer in front of family ... he's not going to learn anything from us."

"He already took something from us," Bernard added.

THE TRURO DAILY NEWS

## Doctor questions police Taser use on diabetic

**AMHERST** An Amherst physician is questioning police's use of energy weapons following an incident in which a man in insulin shock was Tasered.

"For the life of me, I can't understand the rationale behind using this weapon

in this situation," said Dr. Brian Ferguson. "You have a man with a dangerously low blood sugar and two paramedics and two or three police officers couldn't control him?"

Amherst police officers used the Taser on a 34-year-

old diabetic man who wouldn't stay still while paramedics tried to put in an intravenous line.

Ferguson is not blaming the officers for using the weapon, but feels those who use it have to understand the risks associated

with using it on someone with a medical or mental condition.

"If you're on certain medications that affect heartbeat or have a genetic connection to that, an electric shock can kill you," Ferguson said.

THE AMHERST DAILY NEWS

## ADHD increases teen crash odds

JENNIFER TAPLIN  
jennifer.taplin@metronews.ca

Teen drivers can be dangerous behind the wheel, but throw in an attention deficit disorder and the potential for accidents multiplies.

Car accidents are the leading cause of death in adolescents in North America, but kids with attention deficit hyperactivity disorder (ADHD) are four times more likely to get into an accident.

Daniel Cox, from Charlottesville, Va., is a psychologist and leading expert on ADHD. He is in Halifax to talk to doctors at the IWK about their ADHD patients.

The two core symptoms of ADHD are inattention and impulsivity, he said. Inattention means ADHD drivers might not notice cars around them.

"And if you're also impulsive, that makes you more vulnerable to run stop signs, run red lights, to cut people off and do

dumb things," Cox said.

"In retrospect, these folks are recognizing they're dumb things, but they just spontaneously respond."

"The combination of inattention and impulsivity is especially dangerous behind the wheel."

The solution is getting ADHD drivers on medication, but teens in general don't like to recognize they need help.

Cox said he will tell clinicians at the IWK to talk to their ADHD patients about driving safety.

Plus, Cox noted accidents among adolescents are most likely to occur on evenings, weekends and summer holidays, when teens are least likely to take medication.

"If these medications are going to work, they can't take them just for school."

## Government stalling on ATV information, Grits say

**FILES** Two Liberal MLAs are accusing the government of 'deliberately stalling' on releasing files on the children's ATVs program.

"The purchase of these kiddie-sized all-terrain vehicles was a very unpopular decision this summer, to say the least. I think the premier and (Health Promotion and Protection Minister Barry)

Barnett would prefer if this would all just go away," said Liberal Health Promotion critic Dave Wilson.

Wilson and Natural Resources critic Leo Glavine say they filed a Freedom of Information request on documents pertaining to the ATV program and it's been a two-month wait.

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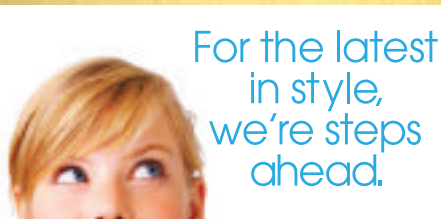
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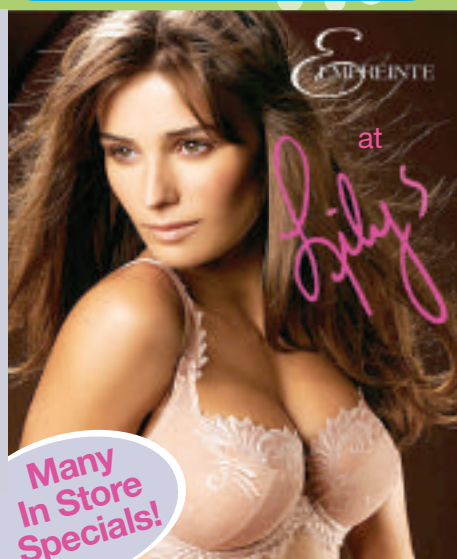
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The City of Toronto announced yesterday that it has finished cleaning up the neighbourhood surrounding the site of the disastrous Aug. 10 Sunrise Propane explosion and turned the leased site back to its owner. The bill for the cleanup came in at \$1.9 million. **TORSTAR NEWS SERVICE**

# Canada



## Iqaluit on bag-ban bandwagon

Eco-minded residents in Iqaluit are cheering city council for drafting a bylaw that, if approved, would make plastic shopping bags a floating memory by next spring. At a meeting Tuesday night councillors introduced the measure, which would rid the Nunavut capital of single-use plastic bags effective April 1, reducing the number of bags that litter the streets and end up in the local landfill.

SOURCE: CBC NEWS ONLINE

# 'No real deterrents': Food inspector

Release of 2005 review of food safety has federal agriculture minister in spotlight again

**Gaping holes in the country's food safety net, revealed yesterday in a Torstar News Service/CBC investigation, prompted renewed calls for the federal agriculture minister's resignation and promises from all parties to fix a system in disarray.**

"We are aware of deficiencies," Prime Minister Stephen Harper told reporters yesterday in response to publication of a 2005 internal government

report that documented serious problems with the country's food inspection and recall systems.

"That's why we're acting and investing, both putting money — we've hired 200 more inspectors — and we are looking very carefully at our processes as we go forward. We're also going to conduct a comprehensive inquiry on the listeriosis outbreak. The previous government was aware of some of these deficiencies. They

**"We're acting and investing, both putting money — we've hired 200 more inspectors — and we are looking very carefully at our processes."**

Stephen Harper

didn't act. We have been acting."

The Food Emergency Response Review, written in 2005, warns "there is no clear policy on when a recall requires public warning," that "quality of food safety investigation needs

to be enhanced," and that "too much reliance is being placed on information provided by the (food producer) or, in the case of imports, the foreign country ('arm-chair investigations')."

Three years later, and two years after the Tories took

power, experts and government inspectors say many of the problems detailed in the government report remain a threat to public health. Many say the document served as an early warning of the Maple Leaf listeria outbreak that has so far claimed 18 lives.

Federal inspectors, who read the review this week, said little has changed since the review was done. Inspectors, concerned for their jobs, have asked that

their names not be published.

"There have been limited prosecutions, legislative backing is limited, follow-up varies," one wrote in an e-mail. "(There are) no real deterrents. (We) can't pull licences. (There are) no requirements for export certification. Some inspectors may have the time to do follow-up inspections, but mostly they move on to the next complaint/recall."

TORSTAR NEWS SERVICE

## News in brief

**QUEBEC** Former Quebec lieutenant-governor Lise Thibault will have to explain her extravagant spending habits to the provincial legislature this fall, CBC News Online reports.

Both the federal and Quebec auditors general issued reports in 2007 saying Thibault spent more than \$700,000 over her 10 years in the post on events not linked to her official activities.

**RELEASE** The U.S. military has released CTV reporter Jawed Ahmad, CBC News Online reports. Ahmad was held on an Afghan military base for nearly a year. **METRO NEWS SERVICES**

## Edmonton Education protest



Grand Chief of Treaty 7 Charles Weaselhead speaks to hundreds of people gathered in support of First Nations education yesterday at Canada Place in Edmonton. Organizers hope the protest will make aboriginal education an election issue.

## Feds must limit spending: Flaherty

**SPENDING** Ottawa must control the rate of spending growth if it is to keep within its expenditure targets, Finance Minister Jim Flaherty said yesterday.

The Conservative government concedes it has not managed to keep a promise to keep the rate of spending growth at the same level as the rate of nominal GDP growth.

Critics estimate that government spending has increased by between 14 and 16 per cent since the Tories took office in January 2006.

"We definitely must control the rate of growth of spending. A lot of the spending programs of the government of Canada are entrenched — the pension programs and so on — that continue on," Flaherty told the National Post.

REUTERS

Watch more on the school gun incident in Regina at [www.metronews.ca/canada](http://www.metronews.ca/canada)

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## Election 2008



# Beating up the cultural elite

Stephen Harper's broadside on the arts creates differences between us

On the **Hustings**

**Andrew Cohen**

Election insight and analysis

So Stephen Harper is now training his artillery on artists, actors, writers and poets. He sees votes in beating up the country's cultural elite.

"I think when ordinary working people come home, turn on the TV and see a bunch of people, you know, at a rich gala all subsidized by taxpayers, claiming their subsidies are not high enough ... I'm not sure that's something that resonates with ordi-

nary people," he said the other day.

A rich gala. Subsidies. Ordinary people. Here is a populist's lament. Harper didn't use the word "elite." He didn't have to.

He wants the people to know that he doesn't like this pretentious crowd, which is why you won't find him at those fancy fundraisers at the National Arts Centre in Ottawa. He sends his wife instead.

Here's the spirit of George Wallace, the scrappy, segregationist governor of Alabama, who painted his enemies as "pointy-headed intellectuals." When Wallace poured out his invective, you could see the dirt under his fingernails and the sweat on his brow.

Harper is no George Wal-

lace, but his broadside shouldn't surprise anyone in a targeted campaign pitched to specific voters. The point is to create differences between us (the people) and them (the snobs), playing off

one against each other, appealing to that deep well of resentment in the land of the Tall Poppy. This is a strategy. It is the same reason that Harper pro-

poses cracking down on juvenile crime, even as criminologists tell him crime isn't rising and his punishments won't work. No matter; tough talk sells among rock-hard conservatives.

Ironically, the prime minister has spent the campaign trying to show his soft side — wearing a sweater, kissing babies, playing the piano. Now he's showing off his folksiness. Soon, Harper, who has an MA in

economics, will start dropping his "g's."

But culture matters. While Harper's \$45 million in cuts to the arts may have little "resonance" in English-speaking Canada, they are an issue in Quebec, where both Stéphane Dion and Jack Layton are making political hay. Dion even announced his promise to increase spending on the arts last weekend in Place des Arts in Montreal.

Harper knows this, which is why he isn't pushing the anti-cultural line in Quebec, where he sees his majority. When he was asked to repeat his "gala" comment in French, he shrewdly refused.

Andrew Cohen teaches journalism at Carleton University. He is the author of *Extraordinary Canadians: Lester B. Pearson*.



## News in brief

**SECURITY** A Liberal government would earmark \$75 million to help protect ethnocultural or religious places of worship, educational institutions and community centres, Stéphane Dion said yesterday in Winnipeg.

**FORESTRY** NDP Leader Jack Layton accused Stephen Harper of "selling out" Canadian jobs by breaking a promise to provide loan guarantees for forestry companies and lend significant aid to hard-hit mill towns.

**TORSTAR NEWS SERVICE**

## Artists paint a different picture on culture

Actors and politicians reacted with scorn and anger yesterday to Prime Minister Stephen Harper's dismissal of arts and culture as a pastime for the rich.

In Toronto yesterday, several high-profile Canadian actors gathered to vent anger and frustration over Tory arts policies.

On the campaign trail, NDP Leader Jack Layton accused Harper of talking out of both sides of his mouth

**"We should be the landlords of our own industry, not tenants."**

Gordon Pinsent

when he derides artists in English but refuses to do so in French.

Denouncing the cuts as "bad leadership and bad business," actors lined up at a press conference organized by their union to criticize the cuts and speak out

against Bill C-10, which would effectively give appointed bureaucrats control of which movies and TV programs are made here.

Veteran actor Wendy Crewson said she and fellow members of the Alliance of Canadian Cinema, Televi-

sion and Radio Artists are "fed up," and called for the restoration of stable funding to the arts.

Gordon Pinsent said the Canadian entertainment business "has gone through so many starts and stops, yet we still have the feeling that we are about to be dissolved into the larger picture of American sensibilities. We should be the landlords of our own industry, not tenants."

**TORSTAR NEWS SERVICE**

## Environment

### PM vows to clean up polluters

**PENALTIES** A re-elected Conservative government would bring in new fines of up to \$6 million for companies and \$1 million for individuals convicted of chemical spills, dumping, despoiling nature preserves and other forms of environmental abuse.

Conservative Leader Stephen Harper said the proposal would also give the federal government the power to refuse operating permits for companies with a poor environmental compliance history and list companies' convictions under the act on a public data base.

It was the third straight day on the campaign that Harper has announced law-and-order promises.

The Conservatives said that, under current environmental protection legislation, "almost no one" is being charged or convicted for environmental abuses. Government reports show that fines laid on industry as low as \$4,000 are common and no fine exceeded \$50,000.

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Watch Justin Trudeau campaigning with his mother at [metronews.ca/canada](http://metronews.ca/canada)

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**U.S. man charged with exporting space data to China**

A physicist from Virginia was arrested yesterday on charges of illegally exporting space launch technical data and services to China and offering bribes to Chinese government officials, the Justice Department said. Shu Quan-Sheng, 68, a native of China who is a naturalized U.S. citizen, was arrested by FBI agents. **REUTERS**

**15**

# World

**Gore urges civil disobedience**

Nobel Peace Prize winner and environmental crusader Al Gore urged young people yesterday to engage in civil disobedience to stop the construction of coal plants without the ability to store carbon. The former U.S. vice-president told a philanthropic meeting in New York City that "the world has lost ground to the climate crisis."

**REUTERS****India Floods continue to plague South Asia**

Children carry belongings after evacuating their homes on the riverbank of Yamuna in New Delhi yesterday. Monsoon rains, burst dams and overflowing embankments have unleashed bouts of flooding in South Asia this year, killing about 1,500 people, mostly in India, but also in Nepal.

## Finnish gunman planned shooting for six years: Police

**KILLINGS** Finnish police said a man who shot dead 10 people Tuesday had been planning his killing spree since 2002 and had "very likely" been in contact with the student behind a similar gun rampage last year.

Matti Saari, 22, killed nine fellow students — eight female and one male — and one male staff member at a travel and hospitality industry college a day after being interviewed by police about online videos of himself at a gun range.

**Handgun ban?**

• Prime Minister Matti Vanhanen said Finland should consider a total ban on private handguns and hunters said they would also support tougher legislation. Interior Minister Anne Holmlund said she favoured tighter laws, but ruled out resigning despite the calls from some opposition politicians.

"There was a note found at his home saying: 'I have always wanted to murder as many people as possible,'" the National Bureau of Investigation's Jari Neulaniemi told a news conference yesterday.

Neulaniemi said later yesterday that Saari was probably also in touch with Pekka-Eric Auvinen, an 18-year-old who killed eight people last November in Jokela, southern Finland, after broadcasting his intent in a YouTube video clip.

"It is very likely (that they were in contact)," Neulaniemi said. "It would not be a surprise if we found that out."

**REUTERS****News in brief**

**IRAN** The European Union said yesterday Iran's blockage of an inquiry into its nuclear work was "alarming" and Tehran was getting closer to being able to assemble an atom bomb if it chose to do so. Iran is posing a crucial challenge to the UN nuclear watchdog, the International Atomic Energy Agency, the EU and the U.S. said yesterday.

**SPACE** NASA yesterday delayed its next shuttle launch by four days to make up training time lost due to Hurricane Ike. The new date is Oct. 14.

**REUTERS**

## Afghanistan wants sanctuaries eliminated

**TERRORISM** Afghanistan's President Hamid Karzai yesterday urged neighbour Pakistan and the international community to help eliminate sanctuaries terrorists use to attack his beleaguered country.

"Undoubtedly, terrorism will not go away until we dismantle the elaborate institutional support terrorists enjoy in the region and eliminate their secure sanctuaries," he told the United

Nations General Assembly. "This will be possible only if we engage in sincere regional and international co-operation," Karzai said.

The Taliban and al-Qaida insurgents, fighting to topple Karzai's government, use Pakistan's tribal areas to launch attacks in Afghanistan. Around 3,000 people have been killed there so far this year — the worst violence since the U.S.-led invasion in 2001.

**REUTERS**

## Bush pushes bailout to avoid major crisis

### Presidential candidates duel over priorities

**U.S. President George W. Bush told Americans last night the country could slip into full-blown economic panic without immediate passage of a rescue package, capping a day in which the U.S. financial crisis threw the presidential election campaign into chaos.**

The outgoing president offered a grim prognosis if Congress fails to act, warning in a nationally televised address of plummeting home values, soaring foreclosures and evaporating retirement funds.

In an extraordinary move, he also invited Republican presidential candidate John McCain and Democratic contender Barack Obama to the White House today to discuss the crisis and both men agreed to attend.

**Plan in jeopardy**

• At issue is a proposed \$700 billion US economic bailout package — now referred to as a "a rescue" by the Bush administration — that has been met by widespread outrage on Capitol Hill by legislators from both parties.

Bush also said millions of American jobs could be lost, with credit choked off for those who remained standing amid the carnage.

"Our entire economy is in danger," he said. "Ultimately, our country could experience a long and painful recession."

Bush spoke hours after McCain, seeking to show leadership in the face of sinking poll standings, said he would suspend his cam-

paign and return to Washington to deal with the crisis. McCain also called for the postponement of tomorrow's scheduled presidential debate with Obama, a proposal the Illinois senator immediately rejected, saying Americans expect a prospective president to do more than one thing at a time. His opponents derided the McCain move as a political stunt, a gambit by a man who sees support slipping away.

Late last night, the two candidates released a joint statement acknowledging the country is in an economic crisis.

"Now is a time to come together — Democrats and Republicans — in a spirit of co-operation for the sake of the American people," they said.

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**Crunch could be a plus for business, Russian designer says**  
 Moscow luxury designer Denis Simachev says as Russia is hit by the biggest financial lows since 1998, now is the time to spend lavishly. After the '98 crisis, many spent their savings rather than face high interest rates and devaluation of currency. **REUTERS**

# Business

EDITOR: FERMIN DESOUSA, FERMIN.DESOUSA@METRONEWS.CA

## THE DAILY BUSINESS BUZZ

**Eastlink calling on the phone:** Cable company EastLink, touting cheap and reliable telephone service, is now serving residents and businesses in Port Hawkesbury.

**Sobeys fined for worker injury:** Sobeys Capital Inc. was fined \$85,000 after the Ontario Court of Justice found the employer had contravened the Occupational Health and Safety Act when a Cambridge, Ont., produce manager received hip and leg fractures and a shoulder injury on the job.

**Alton to open Stewiack office:** Alton Natural Gas Storage announced it will open an office in Stewiack and that it has acquired the land for its proposed underground storage facility near Truro.

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## Investors antsy as talks inch on

Congress must approve a \$700 billion US banking bailout or see the lifeblood squeezed from the world's richest country, Federal Reserve Chairman Ben Bernanke warned yesterday as the economy showed signs of stalling.

Investors stampeded into cash, briefly pushing one-month interest rates to below zero on fears that lawmakers might delay or change the nature of the bailout. Scarce credit forced overnight lending rates for companies to 6.5 per cent.

**REUTERS**

## FBI to investigate

The FBI will investigate Fannie Mae, Freddie Mac, Lehman Brothers and AIG for corporate fraud related to the credit industry collapse.

## India Pepsi CEO's all smiles



Indra Nooyi, chairman and CEO of PepsiCo Inc., smiles during a business meeting organized by the Confederation of Indian Industry in New Delhi Sunday. PepsiCo said it will triple its business in India by investing \$500 million over the next three years.

REUTERS/MANU

## Canada at 'tipping point': Economists

**ECONOMY** Two Merrill Lynch economists said Canada is nearing the "tipping point" of a U.S.-style financial crisis because of falling house prices and

high unsold inventories. They say both those factors triggered the U.S. housing market meltdown and ensuing credit crunch.

**TORSTAR NEWS SERVICE**

## Business in brief

**WIRELESS** Rogers Wireless said it's seeing a slowdown of consumer and business traffic on its telecom network as a result of the poor economic climate.

**MILK SCARE** Starbucks said it has begun using milk from Kowloon Dairy Food in 55 of its

stores in South China after it pulled melamine-tainted Mengniu milk from its 300-plus Chinese stores last week.

**PHARMACY** Wal-Mart will fill some generic drugs for free to 70,000 Caterpillar Inc. employees and families. **REUTERS**

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Business should be valued at under \$1 million. Seating is limited, pre-registration and pre-payment is required.

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The Boston Bruins will start Tim Thomas, left, in goal against the Detroit Red Wings tonight at 7 p.m. at the Metro Centre, and ice a lineup similar to Monday's. Henrik Zetterberg is expected to play for Detroit, but Marian Hossa, Pavel Datsyuk and Nicklas Lidstrom will likely sit. **METRO HALIFAX**

## Moose take down Titan in overtime

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**HOCKEY** It was a night of firsts for the Halifax Mooseheads in yesterday's 4-3 overtime win over the Bathurst Titan.

Rookie goalie Mathieu Corbeil earned his first career victory in his first career start, Chad Earle's first career goal stood as the game-winner, and the Mooseheads posted their first road win of the young QMJHL season in Bathurst, N.B.

Corbeil, who doesn't turn 17 until Saturday, turned aside 35 shots and was named second star. He was particularly strong in the third and overtime, stopping all 17 shots faced.

"He showed good composure and good movement in the net," Mooseheads head coach Cam Russell said. "Bathurst is a difficult rink to play in with the loud fans but he was composed all game and came up big when he had to."

Earle scored 3:34 into overtime to help Halifax improve to 2-4. Jessyko Bernard, Ben MacAskill and Eric Louis-Seize also scored for the Mooseheads.

### Sports in brief

**HOCKEY** The Cape Breton Screaming Eagles, off to a 5-0-0 start, climbed to second in the Canadian Hockey League's top-10 ranking yesterday. Eagles forward Michael Stinziani was also honoured as CHL offensive player of the week.

**AUS** The Dalhousie Tigers have added goaltender Justin Mulholland as part of their recruiting class for the 2008-09 season. The B.C.-native is a product of the Surrey Eagles of the British Columbia Hockey League.

**METRO HALIFAX**

# Living the Canadian dream

St. Pierre has no regrets about spurning Dal in favour of pro career

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**Martin St. Pierre doesn't spend much time pondering what might have been had he stayed at Dalhousie University longer than five weeks.**

And why bother? Things have gone pretty well for him since he left Halifax in September 2004, weeks before his debut with the Dalhousie Tigers, to embark on a pro hockey career.

The Embrun, Ont., native has gone from signing a minor-league contract and a job in the East Coast Hockey League to American Hockey League all-star to part-time NHLer.

Now, as a fourth-year pro, he's vying to get off the bubble and into the NHL full-time with the Boston Bruins.

"Who knows?" St. Pierre said yesterday, following the Bruins' training camp session at Cole Harbour Place.

"You can't get caught up in ifs and buts, but this would probably be my last year at Dalhousie right now and God knows what I'd end up doing."

St. Pierre, a prized recruit of Tigers head coach Fabian Joseph after his final year in the Ontario Hockey League, took a risk to leave Dal and embark on a pro career.

The NHL was locked out and the undrafted 5-foot-9 forward had always been overlooked because of his small stature. All he



After four pro seasons, Boston Bruins forward Martin St. Pierre is hoping to become a full-time NHLer. He is hoping to suit up in tonight's pre-season game against the Detroit Red Wings.

had on the table was an AHL contract offer from the Edmonton Roadrunners, but he took the plunge anyway.

**"I wanted to pursue my dream. If it didn't work out, at least I'd know I'd tried."**

Martin St. Pierre

"What the heck? I'll try it," said St. Pierre, who left best

friend and Tigers goaltender Jean-Francois Peras scrambling to find a roommate at the last minute.

"I wanted to pursue my dream. If it didn't work out, at least I'd know I'd tried."

Within a year, St. Pierre had an NHL contract with the Chicago Blackhawks and played his first of 21

NHL games on Nov. 4, 2005. He has become one of the AHL's most prolific scorers, amassing 267 points in 229 games.

"I have no regrets, but I still have work to do," St. Pierre said. "I'm focused on becoming a full-time NHLer."

The 25-year-old was traded from the Blackhawks to the Bruins in

### A home road trip

• Andrew Bodnarchuk calls Halifax home, but not this week.

The Hammonds Plains native and former Halifax Mooseheads captain has returned to the area with the Boston Bruins for training camp and two NHL pre-season games.

It's hardly been a family reunion for the Bodnarchuks.

"I'm still in hotels, eating at restaurants, and I don't like to say it because this is my hometown, but it feels like a road trip right now," Bodnarchuk said. "The whole reason Boston shipped out here was to get away from families and distraction. I've had to block everything out, which is hard."

The 5-foot-11 rookie blue-liner dressed for Tuesday's 2-1 loss to the New York Islanders in Moncton. He hopes to play tonight against the Detroit Red Wings at the Metro Centre.



the off-season. He is hoping to make his pre-season debut tonight when the Bruins face the Detroit Red Wings at 7 p.m. at the Metro Centre, and is eager to make an impression.

"I've always been stamped as a small guy and I have to do a lot to stand out," he said. "I've made strides to be a two-way player, but I've got to produce, I've got to score, I've got to make plays, and I've got to do what I do best."

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## Canadians claim title in a clean sweep

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**BASEBALL** The Halifax Pelham Canadians are the new kings of the Nova Scotia Senior Baseball League.

The Canadians captured their first provincial title since 1992 last night with a 1-0 win over the host Kentville Wildcats, sweeping the best-of-seven final 4-0 and punching their ticket to next year's Canadian championships.

Lefthander and league all-star Barrett Belle-

fontaine pitched a complete-game one-hitter and Shawn Walsh scored the winning run in the seventh off an Adam Lucas sacrifice fly.

"It feels great to bring these guys back to it," Bellefontaine said afterward. "It was an amazing team effort."

Halifax's ascent to the top ends a string of five straight titles by Dartmouth Moosehead Dry, who host next year's nationals at Beazley Field and Mainland Common.

"It's going to be great,"

Bellefontaine said. "There are going to be great crowds and hopefully we can squeeze into the final against Dartmouth and make it a local affair."

Halifax posted five straight seasons of .500 or less baseball from 2002 to 2006 before going 16-13 last summer and 18-11 this summer en route to the title.

"It means a lot for the nucleus of this team, veterans like Jay Turple, Adam Lucas, Ryan Veinot, Chris Munroe and Mark Haverstock ... Guys who

have taken their lumps over the years," Canadians head coach Cecil Wright said.

The Canadians were nearly eliminated in the semifinals by the Truro Bearcats, who jumped out to a 3-0 series lead. But after that, Halifax somehow rallied with eight straight wins.

"I don't think anybody actually envisioned us coming back, but we never lost faith," Wright said. "We're looking forward to nationals. And we'll be up to the task — believe me."



**Recipe correction**

Last week's recipe for the Bittersweet Chocolate Tart (from Nick Malgieri's book *The Modern Baker*) gave incorrect ingredient amounts. The first two ingredients were 1 ½ cups heavy whipping cream and ¼ cup light corn syrup. Metro regrets the error. **METRO NEWS SERVICES**

# Food

**"Green peppers are harvested before they are fully ripe, which explains their abundance and less expensive price tag."**

Barb Holland/for Metro Canada

**Bitter vs. sweet**

They will continue to first turn yellow and then red when left on the plant to mature. Green peppers have a slightly bitter flavour, whereas the more mature peppers have a sweet fruity taste.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA

# Roasting the pepper rainbow

**À la carte**

**Barb Holland**

Metro Food Writer

Available in a rainbow of colours, the versatile sweet pepper lends itself equally well to salads, stir-fries, casseroles, soups, and sauces. Sweet peppers are members of the Nightshade family of vegetables along with potatoes, tomatoes and eggplants.

To savour the flavour of peppers beyond the growing season, roast and freeze peppers during the height of the harvest. Sweet red peppers are the ones most roasted, but yellow, orange and banana peppers and large chiles are also good roasted. Versatile as they are delicious, roasting brings out their full sweet flavour and adds a hint of smokiness.

Preheat barbecue on high heat. Prick each pepper with a fork several times to prevent them from bursting during grilling. Close the lid and cook peppers on high heat, turning when the skin chars. Keep turning the peppers until the skin is charred on all sides. To make the skin easier to re-



Peppers are available in a rainbow of colours from green to red to purple to ivory.

move, place the charred peppers in a glass or metal bowl and cover to "steam" for at least 15 minutes. Peel off skin, cut in half and remove seeds. Most peppers peel quite easily with the exception of thin-skinned green bell peppers. Arrange pepper pieces apart on parchment paper lined baking sheets. Freeze until solid, then

pack into resealable freezer bags and store in the freezer for up to 10 months.

**Roasted Red Pepper and Chevre Spread**

A simple spread to make ahead, serve with crostini or crackers and a bowl of good black olives. Makes about 1 ½ cups (375 mL).

**INGREDIENTS:**

- 1 roasted red pepper, peeled and roughly chopped
- 1 small clove garlic, minced
- 4 oz (125 g) cream cheese, softened
- 5 oz (140 g) chevre cheese

**METHOD:**

In food processor, combine red pepper, garlic and

cheeses. Process until smooth. Scrape into a serving dish, cover and chill several hours or overnight.

**Tips:**

• Good for you: Sweet peppers are high in Vitamin C — ounce for ounce there is three times as much vitamin C in a sweet pepper than an orange. Green peppers contain about half as much Vitamin C. Red pep-

pers are also an excellent source of Vitamin A. Sweet peppers are also a source of dietary fibre, folate and potassium.

• Pick of the crop: Peppers should feel full, heavy and tight. They should be shiny and free of bruises or spots.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

# The best way to beef up

The dynamic culinary duo of Janet and Greta Podleski are famous with a Food Network Canada show and the bestselling *Eat, Shrink & Be Merry*. Granet Publishing Inc. offered Metro this recipe from their collection of healthy comfort foods:

**The Great Pretenderloin**

The original recipe calls for a beef tenderloin, but an eye of round will work just as well. This recipe serves a crowd, so you can have the roast for dinner one night, sandwiches for lunch the next day and slice some for a salad top-

ping the next night.

**INGREDIENTS:**

- 1 tbsp. softened butter or olive oil
- 1 tbsp. Dijon mustard
- 1 tbsp. brown sugar
- 1 tbsp. steak sauce
- 1 tbsp. minced fresh rosemary
- 2 tsp. minced garlic
- 1 ½ tsp. salt
- ¼ tsp. black pepper
- 1 tsp. grated lemon zest
- 1 whole beef tenderloin or 1 eye of round roast (three pounds)

**METHOD:**

Preheat the oven to 450. Move the oven rack to the

bottom third of the oven. Mix together the rub ingredients in a bowl. Rub all over beef and let stand at room temperature for 30 minutes. Place beef in shallow roasting pan. Put in oven and turn heat to 400 F.

Roast meat, uncovered, 45-55 minutes or until meat thermometer inserted into the centre registers 140 degrees for medium-rare.

Remove from the oven and let stand, uncovered, 10 minutes before slicing. The meat's temperature will continue to rise as it rests.

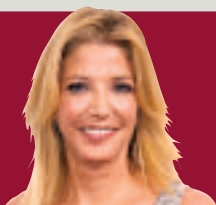


*Eat, Shrink & Be Merry!* Great-Tasting Food That Won't Go from Your Lips to Your Hips! is available in paperback at Amazon.ca for \$22.01.



Designers Maurizio Modica and Pierfrancesco Gigliotti of the label Frankie Morello showed their support for the U.S. Democratic ticket by wearing T-shirts, emblazoned with "Barack" on one and "Obama" on the other at a recent Italian spring/summer 2009 collections show in Milan. **TORSTAR NEWS SERVICE**

# Style



## Back to school for Sex and the City

Carrie Bradshaw from the hit TV series and movie *Sex and the City* is leaving Manhattan's Upper East Side and heading back to school. HarperCollins Publishers said it had signed the author behind the hit series, Candace Bushnell, left, to write about Carrie's high school years in "The Carrie Diaries" which will be released in two books starting from fall 2010. **REUTERS**

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

# Penchant for plaid

Versatile print not just for schoolgirls' uniforms anymore

AMANDA TRUSCOTT  
for Metro Canada



It has long been associated with lumberjacks, Scotsmen and Catholic schoolgirls, but lately, plaid has also been shaping up to become one of fall's hottest trends.

"Plaid is very versatile. It's really what you want to do with it," says Laura Shankland, a spokeswoman for H&M.

She says she recently bought herself some plaid blouses with bows on them. She pairs them with a fitted skirt for a day at the office, or with wide-leg, '70s-inspired jeans for a more relaxed look.

Tara Wickwire, a spokeswoman for Gap Inc., says such versatility is a big selling point for budget-conscious fashionistas. "Of late,

people are shopping very practically, so they want to have pieces that can transcend seasons," she explains.

"These prints, these plaids, argyle — are just a great way to add in with what you already own in your existing wardrobe, whether it be denim, or khaki, or just basic shirts, it's just a great way to mix it in," she says.

The plaid renaissance is part of what she calls the

"modern preppy" trend, which adds little extra details to tried-and-true looks: "It's adding a bit of length to the one-button blazer, it's adding the ruffles to the plaid shirt, it's the fit and the finish of these new



denims." She suggests pairing a ruffled plaid top with a blazer and cropped cargo pants, or with an oversized, menswear-inspired cardigan.

**"Of late, people are shopping very practically, so they want to have pieces that can transcend seasons."**

Tara Wickwire, Gap Inc.

colours of plaid used to be considered a faux pas, but she says the rule these days is that anything goes, as long as you wear it with confi-

Above: American Eagle exclusively Payless plaid gigi bow flat, \$39.99. Below: American Eagle exclusively Payless black plaid flare clutch, \$22.99. Left: Plaid conductor hat, Gap, \$19.50.



dence. "I've seen some great looks from the runway that really combine different tartans, or different plaids and it looks fantastic." But she adds, "If you're not so sure, then don't go overboard, just choose to wear it on your bottom or on your top, with a solid colour. But, it looks really great to have a bit of fun with it as well."

Above: Plaid ruffle top, Gap, \$58. Right: Plaid watch, Payless, \$15.99. Left: Plaid scarf, Reitmans, \$18.



# Keep warm, look colourful

## Style File

Kim Elbo



kim.elbo@metronews.ca

## ask kim

Do you know anything about re-dyeing faded jeans? Any tips? — Allison, B.C.

If you want to re-dye your jeans try RIT, you can find it in the laundry section of your grocery store. But keep in mind: Because it's an all-over dye it will dye the stitching on your jeans as well. Next time you buy new jeans wash them with three tablespoons of salt; this will set in the colour nicely and won't let your jeans fade.

E-mail your style questions to kim.elbo@metronews.ca.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.



**Weave**  
Designer: Costa Blanca  
Shop: Costa Blanca  
Address: Various locations  
costablanca.ca

**Texture**  
Designer: H&M  
Shop: H&M  
Address: Various locations  
hm.com

**Pleated**  
Designer: Echo  
Shop: Plenty  
Address: Various locations  
getplenty.com

**Bow Clip**  
Designer: Claire's  
Shop: Claire's  
Address: Various locations  
claires.com

**Feather Headband**  
Designer: n/a  
Shop: The Bay  
Address: Various locations  
hbc.com

**Cameo Bobby Pin**  
Designer: Spark  
Shop: La Belle Vie

## scarves

Cover up in style with a textured knit scarf, because this season it's all about texture and colour. Wrap your neck up in block colours of bright oranges, blues and purples. Add a little interest to your layered outfits with scarves that have pleats, wrinkles or weaves.

## accessory

If there is one thing you need to go and buy this week it's this Quo lip gloss, \$15. It's an all-in-one gloss that has a mirror and light attached to it for easy application. Available at Shoppers Drug Mart.



## hair accessories

Leave the hat at home and adorn your gorgeous locks with these three classic hair accessories: The bow clip, the feather headband and the jewelled bobby pin. Not sure of how to use each accessory in your hair? Try a standard ponytail with a little tease at the crown and a hair wrap around the band, then tuck in the pins or clips in the back or slide on the headband.

## tip

If your hair lacks lustre and shine, put yourself on a hair diet. Eat foods rich in minerals such as nuts, lentils and wholegrain or try vitamin A-rich foods if you're suffering from a dry and flaky scalp. [ultimate-cosmetics.com](http://ultimate-cosmetics.com)



## Pop goes Halifax

The Halifax Pop Explosion has announced its complete lineup for the 2008 festival taking place from Oct. 21 through 25. There are over 140 bands taking part, including Jay Reatard, GZA, Josh Tigger and Basia Bulat. **METRO HALIFAX**

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# Entertainment



## Popular turtle

A second Franklin's Family Christmas show will take place at the Rebecca Cohn on Sunday, Nov. 23, at 4 p.m. Tickets are \$20 in advance and \$25 at the door. Call 494-3820. **METRO HALIFAX**

## Luedecke, Myles lead music nods

Music Nova Scotia Awards to be handed out in New Glasgow this November

PHILIP CROUCHER  
philip.croucher@metronews.ca

**David Myles and Old Man Luedecke nabbed five nominations each for the Music Nova Scotia Gala Awards Show set for Sunday, Nov. 9, at the John Brothier MacDonald Stadium in New Glasgow.**

At a press conference announcing the nominations yesterday morning in Halifax, Myles and Luedecke were both among the finalists for Male Artist of the Year, SOCAN Songwriter of the Year and Aliant Entertainer of the Year, which will be voted on by the public.

Myles's sophomore effort *On the Line* and Luedecke's *Proof of Love* also received nominations for Album of the Year and Folk Recording of the Year. "It's pretty neat, eh," Chris (Old Man) Luedecke said about his five nominations. "It's not something as a banjo player you ever expect."

The awards show serves as the finale to Nova Scotia Music Week, which has a special place in Luedecke's heart. Two years ago in Liverpool, Luedecke was part of the event's songwriters'



Chris (Old Man) Luedecke received five Music Nova Scotia Award nominations yesterday.

circle featuring Jimmy Rankin. At the time it was Luedecke's biggest show to date, and it wound up raising his profile to the point that he is now getting this high praise from the provincial music community.

"That was sort of my first real breakout," he recalled. "I was sort of scram-

bling around the edges for a while ... So I owe a lot to Music Nova Scotia."

The Tom Fun Orchestra has the next highest number of nominations with four, including three for their debut album *You Will Land With a Thud*.

The nine-member band is up for Album of the Year, New Artist/Group Record-

ing of the Year, Group of the Year and Entertainer of the Year.

Wintersleep, Christina Martin, Chad Hatcher, Tomcat Combat and Jon McKiel are all next with three nominations each.

The lineup for the awards show was also announced yesterday. Headlining is Nova Scotia coun-

### Music awards Multiple nominees

- Five: David Myles and Old Man Luedecke.
- Four: The Tom Fun Orchestra.
- Three: Wintersleep, Christina Martin, Chad Hatcher, Tomcat Combat and Jon McKiel.
- Two: Dave Gunning, Rich Aucoin, Laura Peek, Ryan Cook, Jeanne (Doucet) Currie, Bette and Wallet, Ronald Bourgeois, Thom Swift, Dave Ledwell, Shelter With Thieves, the Ernst Family, Dave Carroll, Southwind, Steven Bowers, the Contact and Shobha.
- For a complete list of nominees, visit [www.music-novascotia.ca](http://www.music-novascotia.ca).

## Secord Gallery opens two new art exhibits

**ART** Two new exhibitions by Halifax artists will open tomorrow at the Secord Gallery on Quinpool Road.

Paul Hannon will show recent paintings that discover and explore landscapes, coastal areas and cityscapes. Dean Brousseau is also at the gallery and will show work done in black and white/carbon and silver, and includes examples of his series *City of Trees*, plus earlier and figurative cityscape imagery.

Secord Gallery is hosting an opening reception for the new exhibitions tomorrow at 7 p.m. They will remain at the gallery until Oct. 18. **METRO HALIFAX**

### In brief

**CONCERT** You Say Party, We Say Die is playing at the Marquee Club on Saturday, Oct. 11, in support of its latest album, *Remik's Cube*. Advance tickets cost \$12, plus service charges. Tickets will be \$15 at the door.

**MUSEUM** The Maritime Museum of the Atlantic is hosting a series of free public talks about its popular exhibit *Halifax vs. Louisbourg: The Final Siege*. The final two talks take place the next two Tuesdays at 7:30 p.m. at 1675 Lower Water St.

**METRO HALIFAX**

## Singing for the audience and each other

PHILIP CROUCHER  
philip.croucher@metronews.ca

**CONCERT** Bruce Guthro can't think of a better gig than the Songwriters' Circle.

It consists of him and his peers in a circle listening to and talking about their music, all in an intimate setting with the audience surrounding them.

"What you get out of that is when we as songwriters all look at each other and sing them we sing them to each other as much as we do the audience," Guthro said. "You kind of get a different vibe."

Guthro is hosting his third Songwriters' Circle tonight at Casino Nova Scotia's Schooner Room. He'll be joined by Canadian folk-singing legend



Bruce Guthro hosts tonight's Songwriters' Circle at the casino.

Valdy, Antigonish's Coco Love Alcorn and Halifax singer-songwriter Steven Bowers. Tonight's 8 p.m. show will see the four musicians sitting in the middle of the Schooner Room, performing several songs, but also speaking about their music and its origins.

"If someone is setting up their song, and I have question or comment, then I just ask it," said Guthro,

adding that everything for the show is done "off the cuff."

"It's more like you just sat in a living room setting where Valdy and I are shooting the breeze about something. So it's kind of cool that way. You never see it anywhere else."

Guthro, who is from Sydney Mines, is spending September and October touring the Maritimes. By

late October he hopes to begin working on a new album, with a release date for early in the new year.

"This time it will probably be more folk-pop," he said. "The last album was jazz overtones, and I'll probably step a little bit away from that."

"It will be different than any other album. That's kind of what I try to do. I don't want to make the same album twice."

### If you go

- What: Songwriters' Circle with Bruce Guthro, Valdy, Coco Love Alcorn and Steven Bowers.
- Where: Casino Nova Scotia's Schooner Showroom.
- When: Tonight, 8 p.m.
- \$36.50. Call 451-1221.

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**DRAKE** OUTPERFORM



Author Nick Hornby is to record an album with singer-songwriter Ben Folds, who said: "Nick and I are talking about doing a record where he writes all the lyrics and I write the music. His lyrics are great." **BRITAIN'S THE SUN**

\*\*\*\*\* A CLASSIC; \*\*\*\* EXCELLENT; \*\*\* GOOD; \*\* FAIR; \* POOR

## Bollea getting out of prison early

**CRIME** Hulk Hogan's son Nick Bollea is getting out of jail nearly three months early with credits for good behaviour and working. People.com reports. Bollea, who has been serving an eight-month sentence in Clearwater, Fla., for reckless driving that led to an accident with injuries, is due to be released Oct. 21.

## In brief

**MOVIES** Mafia film *The Godfather* has been named the greatest movie of all-time in a poll of more than 10,000 cinema-goers, film-makers and critics, BBC News Online reports. The 1972 film, starring Marlon Brando headed Empire magazine's Top 500 poll. **METRO NEWS SERVICES**

# TV on the Radio crafts gem

## TV on the Radio

**Album:** Dear Science  
**Label:** Interscope/Universal  
**Rating:** \*\*\*\*

**IF THERE'S ANY** album people have been waiting for, it's TV on the Radio's follow-up to 2006 critically acclaimed disc *Return to Cookie Mountain*. And, boy, was it worth the wait. The Brooklyn-based band's third album in four years is an aural masterpiece filled with sweeping experimental sounds, intelligent song-



Dear Science — the new album from TV on the Radio — is an aural masterpiece.

writing and a plethora of contagious hooks. They've managed to pull off what similar sounding Bloc Par-

ty's been trying to do (especially on *Dancing Choose*) — create boundary pushing rock music, that's complex, yet accessible enough for everyone to enjoy.

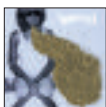
Bryan Borzykowski/for Metro Canada

## Santogold

**Album:** Santogold  
**Label:** Downtown/Warner  
**Rating:** \*\*\*\*

**IT'S NOT WHAT** influences

you, it's what you do with the influences. Santogold, Philadelphia-native Santi White, draws from a long list of genres: New wave, dub, electronic and indie rock among the most obvious. So, she's eclectic, like thousands of other musicians. Big deal? Yes. Santogold blends everything for a unique sound, which is not to say it's always pleasant to listen to. Some of the soundscapes can be grating. Santogold's most effective when she minimizes the sound effects, like on the sunny *Lights Out*. Then there's her voice — again, unique. Can you imagine if Gwen Stefani took voice lessons from Martha Davis of The Motels, then was mashed with Musical Youth? **Jim Reyno/Metro Canada**



evil socialites and greedy corporate pigs — Terry Lynn wields the politics of poverty with an electro-reggae mallet. Born in the ghettos of Jamaica, yet recorded in Toronto, this debut CD is most interesting on songs like *Stone* when Lynn injects a glimmer of personality into her otherwise stark urban landscapes. It's nice to know you can strike a blow against injustice while getting down on the dance floor.

Graham Rockingham/for Metro Canada

## Plain White T's

**Album:** Big Bad World  
**Label:** Hollywood/Universal  
**Rating:** \*\*\*

**EVERY 15-YEAR-**

**OLD HAS** a favourite act that they'll hate later. For many teens that band will be the Plain White T's, a gushy mall pop act that would fit well on a mix with Simple Plan and the Jonas Brothers. While this disc is clearly aimed at the younger set — oozing pop melodies with straightforward lyrics about heartbreak and mistakes — the band could be a lot worse. They're less cheesy than Simple Plan and not as obnoxious as the Jonas Brothers. In fact, they're down right infectious. With softer tones and Eagles-like guitar these guys are the most bearable of the bunch.



Bryan Borzykowski

## On the web

Read our review of the Pussycat Dolls' new album at [metronews.ca/music](http://metronews.ca/music).



## Terry Lynn

**Album:** Kingstonlogic 2.0  
**Label:** Last Gang  
**Rating:** \*\*\*

**GUNSHOTS,**

**GANJA** gangstas, macheted corpses, starving kids, barking dogs, bad popo,

## AlbumReviews

music@metronews.ca

## David Gilmour

**Album:** Live in Gdansk  
**Label:** Columbia/Sony BMG  
**Rating:** \*\*\*\*

**I'M SORRY** FLOYD FANS,

but let's face it — without chemical enhancement, your beloved guitarist can get long-winded and boring. Don't get me wrong. There's plenty of good stuff on this two-disc recording of David Gilmour's momentous concert at the Gdansk Shipyards. The great hash anthems of yore — *Breathe*, *Time*, *Astronomy*, *Domine*, *Echoes*, *Wish You Were Here* and *Comfortably Numb* — are all recreated impeccably. How can he go wrong with the backing of the Baltic Philharmonic, ex-Roxy Music guitarist Phil Manzanera and dearly departed Floyd keyboardist Richard Wright? Thank goodness, however, for fast-forward buttons. Only the very seriously enhanced could possibly have the time, or the lethargy, to sit through the bundle of songs embedded on disc one from Gilmour's solo career.

Graham Rockingham

## Kings of Leon

**Album:** Only By The Night  
**Label:** Red Ink/Sony BMG  
**Rating:** \*\*\*\*

**EVERYBODY** SEEMS TO want this

Tennessee brothers' band to be the saviour of southern rock. None of the three previous Kings of Leon have lived up to the hype. The thundering bass lines of the opening track offer hope that No. 4 will be the one we've been waiting for. The feeling builds through *Crawl*, *Sex On Fire* and *Manhattan*. But a funny thing happens about halfway through the CD. It degenerates into stale almost-middle-of-the-road pop slush. Ouch. Burned again.

Graham Rockingham

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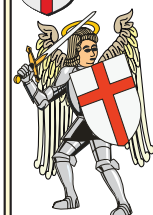


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## Beat Thriller or forget it: Jackson

**MUSIC** Michael Jackson is so eager for his comeback to be a success that he's given his songwriters an ultimatum — make it better than *Thriller* or forget it, the *Daily Mirror* reports.

"Michael's new album has to be amazing," said hit-maker Ne-Yo, who is on Jackson's select team. "I've already submitted some songs, but we have no idea when it's coming out. He

keeps putting it off. It's tough when all eyes are on him and there is so much young competition out there. This album needs to be better than *Thriller*."

**METRO NEWS SERVICES**



**Lane tired of bland**

Actress Diane Lane is reportedly contemplating quitting acting for good, because she is sick of the bland movie roles she is offered. **IMDB.COM**

# Escape artist

Knightley finds it her duty to take us away

**TINA CHADHA**  
Metro World News



**Keira Knightley's career is as dreamlike as the fantasy world she likes to live out on screen.**

"It's pure escapism," says the 23-year-old actress about her penchant for doing period pieces.

"When I watch films that I'm in, I want to be completely taken away from myself. I want to be in another place, where I'm not worried about the fact that I haven't paid my mobile phone bill. I want to be taken into a fantasy world." Without stopping for air, she adds, "I find that watching period films and reading books set in another time just helps me to escape from my own reality."

Of course, her reality is most people's fairytale. At just 20, Knightley became the third youngest actress nominated for an Oscar for her role in *Pride and*

**"When I watch films that I'm in, I want to be completely taken away from myself. I want to be in another place, where I'm not worried about the fact that I haven't paid my mobile phone bill."**

Keira Knightley

Prejudice. And any newbie would die for a debut packing as much one-two star power punch as hers. In the span of one year she came out with international hits *Bend It Like Beckham*, *Pirates of the Caribbean* and *Love Actually*.

Her success has a lot to do with smart decision-making. In Hollywood, where most roles for women are either archetypal

wives or girlfriends, Knightley manages to play strong, complex female leads.

"I do weed through a lot of shitty scripts and a lot of rather vapid characters," she confesses.

Her latest, *Georgiana*, the *Duchess of Devonshire* in *The Duchess*, is another fascinating figure.

Labelled the Victorian party girl, the real-life Georgiana was a hopelessly idealistic fashion icon longing for true love and to change the political regime. At the same time, she was vulnerable and oppressed — her best friend stole her husband, and the three lived together in the most torturous set up. But instead of viewing Georgiana as a tragic figure, Knightley finds her inspiring.

"What happens to her is enough to send most people to the loony bin and yet she keeps walking forward," Knightley says.



Actress Keira Knightley attends *The Duchess* premiere in New York recently. She says she plays characters in period pieces because she likes to be taken away.

The London native says it's the strength of the character that draws her to a role. "If I think about my favourite characters, I go back to more '40s era characters than the recent ones. Your Bette Davis, your Katharine Hepburn characters — women with incredible wit and just

sort of," she pauses to laugh, "fighting women." The chuckle is in response to her own reputation as someone who's not going back down.

Last year, Knightley sued Britain's *Daily Mail* for running photos of her beside an article about a girl who died from

anorexia. And she likes to curse. About wearing one of the huge hats she kept from the film: "Can you imagine? Walking down the street in London ... really f---ing subtle that would be," says Knightley who's storing one of the ostentatious bonnets on top of a light stand.

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**Hathaway's bad boy ex**Anne Hathaway's ex-boyfriend Raffaello Follieri allegedly scammed a New Jersey priest out of US\$110,000 claiming he needed the cash to pay nuns. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

Above: Alma Hadzic, left, Jeremy Parsons, Crystal Matthews, Lauren Ackley and Aygul Gaysina at Bubbles Mansion.



Above: Norwegian import Benedicte Westre-Skog, top right, with Welsh sisters, left, Nicola Williams, Johanna Humphreys, Lisa Phipps, and Lauren Humphreys at the Economy Shoe Shop.

Right: Lennie Gallant with KOOL FM's Caroline Parker backstage at the Metro Centre, before Chris Isaak took the stage.



Right: Nicole Wile, left, Earl Gouthro, and Sara Currie having fun at the Halifax Alehouse.



Left: Hillary Titley, Mark Palermo and Dave Howlett at the Atlantic Film Festival Closing Night Gala Party.



Right: Malory Nunn, left, Ella Traversy and Alyssa Martin at the Halifax Alehouse Saturday night.



Left: Can't get much greener than these folks. Environmental studies students "D.M." and Rob Parker, rear, Diana Kim, front, Jaime Sperl, Sara Perlmutter, Chloe Kennedy and Agata Pawlowski.



# Wicked week for the Scene

## HalifaxScene

**Jamie Paterson**

What a wicked game to play! My week started by sharing the Metro Centre stage with Chris Isaak, who had 1,200 fans in the palm of his hand Monday night. Lennie Gallant warmed up the crowd before Isaak rolled through his hits.

Wicked Game was the highlight of the show, with Isaak's voice soaring right up to the rafters. For some reason I just couldn't shake the image of the video of that song with Helena Christensen rolling around on the beach.

Tuesday was the chance of a lifetime to spend an evening with royalty. The Duchess of York took over the Metro Centre for the World Podium Influential Leaders Speakers' Series. Presented by Mount Saint Vincent University, the series aims to spotlight women of achievement and the influence they have on the world.

There is no doubt the duchess has come a long way from her days as Fergie. She spoke openly

about her past and her present charity work. Film is the latest endeavour for Fergie. Along with Martin Scorsese, she is executive producer of a film about the early years of Queen Victoria, due out later this fall.

Friday night was all about sports, starting with the Halifax Mooseheads' home opener against Val-d'Or. The season got off to a good start, with the Moose taking the game 6-3. Across town, the Saint Mary's Huskies kicked off another season of night games with their match-up against the Mount Allison Mounties.

The game was one of the highlights of Homecoming weekend, with grads meeting up with players and coaches during a post-game pub party. With the Huskies winning the game 50-20, the atmosphere was more than festive. The Saint Mary's Sports Hall of Fame also honoured the 1956 football Huskies during a ceremony the next day.

After a six-year hiatus, Rawlins Cross was back making music, but in the most unlikely of places. The band was reeling and rolling on Georges Island as part of the Exile Island fundraiser for the Children's Wish Foundation.

Teams of 10 were transported to the island to compete in mental, physi-

cal and food challenges. The biggest challenge of the day was to call friends and associates to collect as many donations as possible.

Rawlins Cross provided the soundtrack for the likes of Mickey MacDonald, Empire Theatres' Dean Leland, Ambassadors' Dennis Campbell and radio hosts from C-100, KOOL FM and The Bounce. Wish kids and their families also spent the day on the island enjoying the sun.

Saturday night I slipped into a private opening party for a new eatery on Quinpool Road. The Rock Island Café is owned by Khalid Wasi and his wife Kelly Dow and the menu leans heavily toward favourites from Bermuda.

Expect to see everything from traditional Bermudian fishcakes and fish soup with black rum. I didn't get the chance to sample any of it, but it must be good since Bermudian Premier Ewart Brown dropped by during his trip to Halifax.

Looking for something to do Friday night? Tomorrow's Molson Give-R will be at The Halifax Alehouse in support of Craig's Cause, raising money for pancreatic cancer. See you there!

When he's not making the Scene, Jamie Paterson hosts The Drive and The Beatlebrunch on KOOL FM in Halifax



Above: Paige Howell serves up cold ones at the Marquee Club for the Atlantic Film Festival Closing Night Gala Party.



Above: Tracy Hadlay and Deborah Mood relax at Cheers after Saturday's Halifax Mooseheads game.



Above: Kara's Melanie O'Connell, left, Scott Gordon and Melissa Cupak at Mosaic.



## Harry Potter in 3D

Harry Potter and the Half-Blood Prince will reportedly be released in 3D in July. A total of 25 minutes of the sixth instalment of the wizard franchise will take on a more life-like appearance. **FEMALEFIRST.CO.UK**



## Graham, Bartha have a Hangover

## MOVIES

Heather Graham and Justin Bartha have joined the cast of Warner Bros. and Legendary Pictures' *The Hangover*, being directed by Todd Phillips. The story revolves around three buddies, who lose their best friend at his Caesars Palace bachelor party just 40 hours before his wedding.



Graham

## Affleck to star in corporate film

## MOVIES

Ben Affleck is in talks to star in *The Company Men*, and John Wells will direct the timely drama about a man whose life is upended by a financial downsizing. Wells is writing the screenplay about a man who is laid off and must cope with the financial consequences.



Affleck

REUTERS

## Fall season to disappear?

## IntelleVision



rick.mcginis@metronews.ca

**TIME OF THE SEASON:** You might be wondering why this fall's TV season feels like such a low-key affair. If you are, I'd like to meet you, because by this point I'd assume most people have better things to do with their time, and that the decades-old calendar rituals of the broadcast television industry are as relevant to their lives as the solstice bonfire, or blacking the coal grate.

Even the big four networks like to pretend that they're so over that fall season thing, and a recent New York Times piece had Alan Wurtzel, NBC's president of research, insisting that this fall is the last time they'll ever acknowledge the tradition. They've been acknowledging it with both hands, though, despite growing in-

difference from their viewers, but old habits die hard, and as the Times pointed out, "Nielsen Media Research has deemed that Monday was the starting point when audience totals for shows began to count, so viewers found mostly new episodes of shows on the broadcast networks, like *Grey's Anatomy* on ABC and *N.C.I.S.* on CBS."

Simply put, as long as ratings are measured in the traditional way, the people who measure them will be in the habit of prioritizing ratings-gathering into census-like windows of opportunity. Which means that networks will continue to compete with each other like horses in a dead heat, their riders eyeing each other warily, putting the spurs to their mounts whenever anyone else seems like they're trying to pull ahead.

Change, when it comes, will be incremental at first. Dawn Ostroff, head of the CW network, told the Times that they "felt it was really important to be able to get ahead of all the clutter," so they bumped up the season debuts and premieres of shows like *Gossip Girl* and *90210*, which prompted Fox to pull the trigger earlier on titles like *House* and *Fringe*. While the networks are shifting their premieres back, viewers are delaying when they're watching them, and David Poltrack, Wurtzel's opposite number at CBS, noted that 70 per cent of shows being recorded and watched later are network product, versus only 46 per cent of what's being



CW head Dawn Ostroff, centre, poses with the cast of *90210*. Ostroff bumped the show's premiere to 'get ahead of all the clutter.'

watched live. A number that no one wants to talk about is what's being downloaded from the Internet, including shows that were available months before their scheduled air date — such as the pilots and season debuts of shows like *Fringe*, *True Blood* and *Californication*, and the original pilot of the *Americanized Life* on Mars. Pirated or unofficially leaked, they're a harbinger of a day when networks will have to act more like producers, and put their

wares on the market when they're ready, not when tradition, convenience, and an open slot in the primetime schedule deigns to put them before an increasingly disinterested public.

KEVIN WINTER/GETTY IMAGES

**JET BOY:** If you're reading this early enough, you might want to watch an oddball bit of history take place with the live broadcast of Yves Rossy's attempt to fly across the English Channel powered by his own jetpack and wings. Jetman Live will air at 7 a.m. ET on History Television and the National Geographic Channel, which should take about 12 minutes if Rossy can maintain 190 km/h on his wicked cool but fantastically dangerous contraption. Yes, there's something ethically challenged about tuning in with the vague anticipation of something going very wrong, but I'm that kind of ethically challenged guy.

Rick McGinnis writes about music, movies, books and television, but not opera.

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/25/08	31	31	31	ABC News (N)	ABC Mid News	Inside Edition	Chronicle	Ugly Betty (N)		Grey's Anatomy (N)		
	7	7	7	ASN The Road to Avonlea	Robson Arms	TMZ (N)	Medium	Samuel de Champlain		PrimeTime: UFOs... Seeing Is Believing		
	11	11	11	CBC Coronation St.	Jeopardy! (N)	iPod (HDTV) (DVS)	Enquête (N) (SC)	Enquête (N) (SC)		CBC News: The National	The Hour	
	2	2	2	CBC-F Terre humaine	Gars file	Virginie (SC)	Infoman (SC)	Enquête (N) (SC)		Grosse vie	C.A. (SC)	Le Téléjournal
	32	32	32	CBS News (N)	Evening News	The Insider (N)	Entertainment	Survivor: Gabon 'Want to See the Elephant Dung?' (N)		CBS News: The National	TVA 22 heures	CSI: Crime Scn
	69	69	69	CFTM TVA 18 heures	Le Cercle (SC)	La Fievre de la danse (SC)	Occupation double (Season Premiere) (N)	Survivor: Gabon 'Want to See the Elephant Dung?' (N)		Vlog (N) (SC)		
	6	6	6	CHIF Entertainment	ET Canada	The Office (N)	Grey's Anatomy 'Dream a Little Dream of Me' (N)	Survivor: Gabon 'Want to See the Elephant Dung?' (N)				News (N)
	9	9	9	CJCH eTalk	Hollywood	ER 'Life After Death' (N)	Podium TV	Grey's Anatomy 'Dream a Little Dream of Me' (N)				News (N)
	10	10	10	ELTV (6) EastLink Television			Kitchen Nightmares (N)	Podium TV		EastLink Television		
	36	36	36	FOX Deal-No Deal	The Simpsons	Two/Half Men	Kitchen Nightmares (N)	Kitchen Nightmares (N)		Kitchen Nightmares (N)		Fox First
	12	12	12	NBC News (N)	News (N)	Hollywood	Extra (N)	News (N)		The Office (N)		ER (N)
	29	29	29	NW BBC World	Business	CBC News: Around the World	Canada Votes: Your Turn	Canada Votes: Your Turn		CBC News: The National		Geo. Journey
	4	4	4	PBS-B NewsHour With Jim Lehrer	Greater Boston	Basic Black	Red Tail Reborn	Red Tail Reborn		American Masters (N)		Amer. Masters
	35	35	35	PBS-D NewsHour With Jim Lehrer	Business Rpt.	BBC World	This Old Hse.	Hometime		American Masters (N)		Spain-On Road
	68	68	68	TOS Les Simpson	Flash (SC)	Grande fille	Le Terminal *** (2004, Com. dramatique) Tom Hanks, Stanley Tucci, (SC)	Stanley Tucci, (SC)				110 pour cent
	23	96	96	BNN Business News	Headline	Market Call	Commodities	GetConnected	Business News	Squeeze Play		Market Call
	18	18	18	CNN (5) The Situation Room	Lou Dobbs Tonight			CNN Election Center		Larry King Live		Cooper 360
	54	54	54	GOLF Post Game	LPGA Tour Golf	Navistar LPGA Classic -- First Round.	PGA Tour Golf The Tour Championship -- First Round.	PGA Tour Golf The Tour Championship -- First Round.				
	52	52	52	RSE Prime Time Sports	MLB Baseball New York Yankees at Toronto Blue Jays	From Rogers Centre in Toronto.		From Rogers Centre in Toronto.				Sportsnet Con.
	55	55	55	SCOR Hockey Talk	Game On	Score on NFL	Poker -- Learn From the Pros	Score on NFL		College Football USC at Oregon State, (Live)		
	45	45	45	SPD Unique Whips		Pinks (HDTV)	Pass Time	Pinks -- All Out (HDTV)		Pinks -- All Out (HDTV)		Wrecked (N)
	53	53	53	TSN Of the Record	SportsCentre	That's Hockey!	Boxing: Casamayor vs. Marquez	NHL Preseason Hockey: Panthers at Oilers		NHL Preseason Hockey: Panthers at Oilers		
	43	43	43	FAM Life Derek	Zoe 101	Wizards-Place	That's-Raven	Zack & Cody		Natural-Sadie		Ned's School
	44	44	44	TOON World of Quest	Johnny Test	George-Jungle	Bugs Bunny & Tweety Show	Eileen		Total Drama		The Critic (N)
	26	26	26	TREE Fif-Fil-Fortwots	Backyardigans	Ni Hao, Kai-Han	Night Grdn	Bucket-Dinos		Franklin		Comfy Couch
	27	27	27	YTV Drake & Josh	iCarly	H2O, Just Add	Home Improve.	Prank Patrol		Franklin		Adrenaline Proj
	16	16	16	A&E Cold Case Files (HDTV)		CSI: Miami "Three-Way"	The First 48 (HDTV)	The First 48 (HDTV)		The First 48 (HDTV)		Jacked: Theft
	70	70	70	APTN News	Suagann (N)	Rez Rides	Next! Youth	renegadeexpress		Speed *** (1994, Action) Keanu Reeves.		
	50	50	50	BET 106 & Park: BET's Top 10 Live (Live)		Madea's Family Reunion ** (2006, Comedy) Tyler Perry, Lynn Whitfield.		Century Hotel ** (2001, Drama)				Comic View
	37	37	37	BRVO Street Legal	Desperate Housewives	Camera	In the Mind ...	Camera		Century Hotel ** (2001, Drama)		
	97	97	97	CLT Mysterious Ways	Judging Amy		Last Chapter (Part 3 of 3)					Mysterious
	25	25	25	CMT Bon Jovi Unplugged on CMT		Bon Jovi: One	Karaoke Star "Best of" (N)			Reba		Home Improve.
	49	49	49	COM Laughs	Comedy Now	Air Farce	Just for Laughs	Comer Gas		The Simpsons		South Park
	153	153	153	COURT Truth, Duty, Valour	The Investigators		The Practice			Bait Car		South Uncut
	38	38	38	DISC How It's Made	How It's Made	Daily Planet (N)	MythBusters The team orders everything super-sized.			The Fix		MythBusters
	48	48	48	HGTV Holmes on Homes	House Hunters	Property Virgin	Holmes on Homes			The Fix		Disaster DIY
	46	46	46	HIST The Perfect Weapon		NCIS "Iceman"	Lost Worlds			The Perfect Weapon		NCIS
	17	17	17	MM Pimp My Ride	disBand	Greek "Liquid Courage"	MTV's Top Pop Group Ashanti.			Instant Star		Greek
	19	19	19	MMM MusicProfile	mmmtop10.com	Back In	Abba's All Time Greatest Hits			Where You At		Work for Diddy
	201	201	201	M1 (6:40) Nitro (2007, Action), Martin Matte		Feel the Noise ** (2007, Drama)				How She Move *** (2007, Drama)		
	23	23	23	OLN The Amazing Race 2	Ed's Up	Videos	Commando: On the Front Line			Survivorman		Pilot Guides
	51	51	51	PEACH Friends	Seinfeld	House-Payne	Friends	Friends		Domestic Disturbance (2001, Suspense)		
	206	206	206	PIX (6:20) Cruel Intentions	The Frisco Kid ** (1979, Western) Gene Wilder.		ReGenesis (HDTV)			The Pope of Greenwich Village (1984)		
	67	67	67	RDI RDI en direct	RDI en direct	Elections	Grands reportages (SC)			Le Téléjournal (SC)		RDI en direct
	39	39	39	SHOW Wife Swap (N)	Paintkiller Jane		ReGenesis (HDTV)			Trailer Park		Saving Grace
	40	40	40	SLICE Matchmaker	Til Debt-Part	End of Leash	ET Canada			Last 10		Bulging Brides
	47	47	47	SPACE Stargate SG-1 (DVS)	Lost	Star Trek: Voyager	Star Trek: Voyager			Battlestar Galactica		Super Heroes
	14	14	14	SPICE CSI: NY "Cold Reveal"	CSI: NY (HDTV)	The Ellen DeGeneres Show	TMZ (N)	eTalk		TNA IMPACT! (N)		
	98	98	98	STAR FashionTele	Look-A-Like	LA Ink "On the Rocks..."	Overhaulin' (HDTV)			Look-A-Like		In Fashion
	21	21	21	TLC What Not to Wear		Beverly Hills, 90210	Make or Break	What Happen?		American Chopper		Street
	34	34	34	TROP Make or Break	Naked Fashion	Journal de Fr2	Toute une histoire			Family Guy		Seinfeld
	20	20	20	TVS Que-champion			Murder, She Wrote			Envoyé spécial		
	28	28	28	V Shopping Bags	Style by Jury	Will & Grace	Friends	Divine Design		Confidential		Save Us-House
	22	22	22	W Be-Millionaire	Evening News	Two/Half Men	Family Guy	Smallville "Plastique" (N)		Supernatural (HDTV) (N)		Open House
	251	251	251	WGN								WGN News

## critics' corner

## Survivor: Gabon

The tribe has spoken, and so have the ratings, which means the granddaddy of modern competitive reality series is back for a 17th season. This time, the setting is Gabon, a small equatorial African country of stunning natural beauty, which will be a visual treat for those with high-definition TV sets; this is the show's first season to air in high-def. 9 PM on CBS, CHIF



**ER** In the season premiere, Abby (Maura Tierney) awakens after the ambulance explosion and realizes she has a broken wrist before rushing to check on Pratt's (Mekhi Phifer) condition. Sam and Gates (Linda Cardellini, John Stamos) rush to the scene to find Pratt walking and talking. 8 PM on CJCH; 11 PM on NBC

**Doc Zone: The Mystery of Samuel de Champlain** This new episode revisits the life of the man who gave that lake its name and founded Quebec City, which celebrates its 400th birthday this year. As for the "mystery" of the title, more than one mystery surrounds the "Father of New France," from his exact date of birth to the location of his remains. 9 PM on CBC



**Von Teese would remarry**  
Burlesque star Dita Von Teese has no regrets over her failed marriage to shock rocker Marilyn Manson — insisting she still hopes to walk down the aisle again. [IMDB.COM](http://IMDB.COM)

## Celebrity Buzz

# Son prompts Clay to reveal his sexuality

**PEOPLE** Former American Idol contestant Clay Aiken has acknowledged he is gay, confirming in an interview with People magazine what most of his fans have suspected for years.

Aiken, 29, a born-again Christian who forged a successful career after being named runner-up in the 2003 American Idol television talent show, said he decided to come out after becoming a father in August.

"It was the first decision I made as a father," Aiken told People magazine in an interview for the issue out tomorrow.

"I cannot raise a child to lie or to hide things."

I wasn't raised that way and I'm not going to raise

a child to do that."

Aiken has dodged questions about his sexuality for years, usually replying that it was his own business.

He told People he came out to his mother four years ago.

In August, Aiken fathered a baby through in-vitro fertilization with his friend, music producer Jaymes Foster. Foster gave birth to a boy, named Parker, Aug. 8.

The news came as little surprise to those in the music business. American Idol judge Simon Cowell said, "If he said it, it's the right thing for him. Good for him. I don't think anyone cares. Let's face it. It's 2008."

REUTERS



GETTY IMAGES/PHOTOS

# Something in the water?

**PEOPLE** Nicole Kidman credits the "fertility water" she drank on the Australia film set for helping her realize her baby dreams, [imdb.com](http://imdb.com) reports.

Seven babies were conceived on the set and the 41-year-old new mom insists there was something in the water.

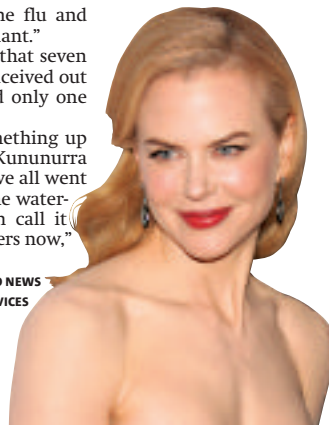
"I never thought I would get pregnant and give birth to a child, but it happened on this movie," she tells Australia's Women's Weekly magazine. "Nothing happened in a small way on this film ... We had heat and torrential

rains and equine flu and then I got pregnant."

Kidman adds that seven babies were conceived out of this film and only one was a boy.

"There is something up there in the Kununurra water because we all went swimming in the waterfalls, so we can call it the fertility waters now," she says.

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# Naomi stands by airport story

**PEOPLE** Supermodel Naomi Campbell still insists she was provoked into spitting at a police officer at Heathrow Airport in London in April because she was called a racial slur, [imdb.com](http://imdb.com) reports.

Campbell started serving her community service in London earlier this month after she admitted to spitting at an airport cop, but she insists there would have been no incident if she had been shown more respect.

"If someone calls me a racial slur, I find it very offensive," Campbell told the news show Extra. "After paying all that money and you're trying to get to a funeral, which is where I was trying to get to, I thought, 'Well, I think I have the right to be upset right now.'"

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## celebrity brief

### Britney's mom may want her back with Kevin

**RELATIONSHIPS** Britney Spears' mother wants to reunite the singer with her ex-husband Kevin Federline, [femalefirst.co.uk](http://femalefirst.co.uk) reports.

Lynne Spears, who describes her former son-in-law as "kind-hearted" and "down-to-earth" in her new book, is working hard to convince Britney and Federline to give their relationship another chance for the sake of their two children.

The pair spent time together as their sons Jayden James and Sean Preston celebrated their birthdays earlier this month and Federline is said to have told Spears he still has feelings for her.

"Kevin has apologized to Britney for his failings as a husband and said he wanted a fresh

start," a source said.

"He confessed she is the love of his life, his soulmate and was sorry things went so wrong between them."

Spears is reportedly thrilled by Federline's apology and feels she is finally getting her personal and private life back on track.

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## celebrity brief

### Kirsten, Justin call it quits: Report

**RELATIONSHIPS** Even though actress Kirsten Dunst denied being in a relationship with Justin Long, In Touch Weekly is reporting that they've broken up.

"They are taking some time off for now," an insider told the magazine.

"Kirsten gets bored really easily and she needs a break from men right now. They are still both friends and will hang out."

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## celebrity brief

### Shannen slams alcoholism talk

**PEOPLE** Actress Shannen Doherty has hit out at reports she battled an alcohol addiction, [imdb.com](http://imdb.com) reports.

Doherty shot down allegations in several tabloids that she sought help from Alcoholics Anonymous following her arrest for drunk-driving in 2000.

But the star admits she did help her husband overcome his drink demons.

"I've never been in AA. I accompanied my husband to AA meetings — actually," she said.

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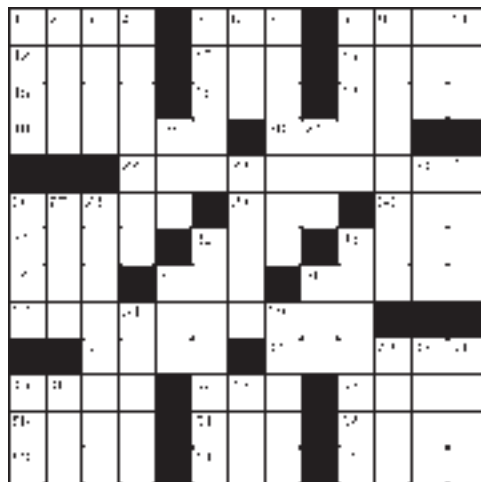
**Bobby Mac**

**Lisa**





## Take Five



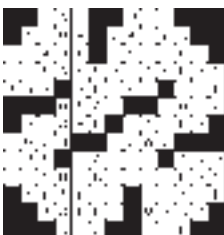
### Crossword across

- |                                |                          |
|--------------------------------|--------------------------|
| 1 Galley supply                | 33 King of Siam's friend |
| 5 Lummo                        | 34 Noshed                |
| 8 Casino currency              | 35 Bart, to Homer        |
| 12 Conspire (against)          | 36 See 30-Across         |
| 13 Under the weather           | 37 Florida city          |
| 14 Actress Turner              | 40 Former ugly duckling  |
| 15 Ornamental bag              | 41 Maximum               |
| 16 Zodiac cat                  | 45 Genealogy chart       |
| 17 Family member               | 47 Olympic perfection    |
| 18 Achieve by threats          | 49 Actor Sharif          |
| 20 Reedy                       | 50 Approach              |
| 22 First Civil War battle site | 51 Caustic chemical      |
| 26 32-Across' band             | 52 Pianist Peter         |
| 29 Vacillate                   | 53 Recipe meas.          |
| 30 Infuriate                   | 54 "Undeniably"          |
| 31 Green-eyed monster          | 55 Oklahoma city         |
| 32 Rocker Morrison             |                          |

### Crossword down

- |                             |                       |
|-----------------------------|-----------------------|
| 1 Oil cartel                | 25 Posterior          |
| 2 Sax range                 | 26 Unhearing          |
| 3 Libertine                 | 27 Aware of           |
| 4 Use a wok                 | 28 In Europe, maybe   |
| 5 Former Houston athlete    | 32 Together           |
| 6 Hearty brew               | 33 Windflower         |
| 7 Ship's debris             | 35 Resort             |
| 8 Assertion                 | 36 Performance        |
| 9 Eerily persistent         | 38 Dweeb              |
| 10 Hostel work environment? | 39 Mystical lettering |
| 11 Vanna's cohort           | 42 Portent            |
| 19 Lettuce variety          | 43 Rani's wrap        |
| 21 Embrace                  | 44 Stepped hard (on)  |
| 23 String                   | 45 Potent stick       |
| 24 Sea eagle                | 46 CSA soldier        |
|                             | 48 Needle feature     |

### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



1	2	4	3	5	8	9	6	7
7	3	8	4	9	6	5	1	2
6	9	5	1	7	2	8	3	4
5	4	3	6	1	7	2	8	9
2	8	6	9	4	5	1	7	3
9	1	7	2	8	3	4	5	6
8	5	2	7	3	9	6	4	1
4	7	9	8	6	1	3	2	5
3	6	1	5	2	4	7	9	8

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

### SUDOKU SOLVE TIME:

- |                    |         |                 |                 |
|--------------------|---------|-----------------|-----------------|
| Under 13 min ..... | Genius  | 17-21 min ..... | Smart           |
| 13-17 min .....    | Scholar | 21-25 min ..... | Not bad         |
|                    |         | 25+ min .....   | Keep practising |

### Sudoku

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

2			8					
5		3		2	1			4
	4	1	7					
						1	5	
7		4				2		8
	9	6						
					8	5	6	
6			4	9		7		2
				2				3

### Recipe of the day



### Linguine and Salmon with Creamy Lemon-Dill Sauce

#### INGREDIENTS:

- 1 lb (500 g) skinned salmon fillet
- Grated zest and juice of 1 lemon
- 2 tablespoons (25 mL) chopped fresh dill
- 8 oz (250 g) linguine
- 2 large carrots, peeled and cut into matchstick strips
- 2 large zucchini, unpeeled and cut into matchstick strips
- 1 teaspoon (5 mL) canola oil
- 1/3 cup (75 mL) light sour cream
- Salt and pepper

#### METHOD:

1. Cut salmon into chunks, place in a dish with lemon zest, juice, and dill. Turn the pieces of salmon to coat evenly. Cover and marinate in refrigerator for at least 10 minutes.
2. Cook linguine until al dente. Add carrots to the pasta after eight minutes of cooking, and then add the zucchini one minute later.
3. Meanwhile, brush a non-stick skillet with oil and heat thoroughly. Drain salmon, reserving the marinade. Add salmon to the

hot skillet and cook, turning occasionally, until the fish is firm and just cooked, 3 or 4 minutes.

4. Add the reserved marinade and sour cream to salmon, and cook for a few seconds. Remove from heat and season lightly with salt and pepper.

5. Drain pasta and vegetables, and transfer to a serving dish. Add the salmon mixture, garnish with fresh dill and lemon wedges.

Nutrients per serving: calories 483, calories from fat 153, fat 17 g, saturated fat 3 g, cholesterol 64 mg, carbohydrate 50 g, fibre 4 g, sugars 4 g, protein 31 g.

### rd.ca

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



### Horoscopes

**ARIES**  
**MARCH 21-APRIL 20**  
A wish will be granted by mistake. Peer pressure has no effect on a nonchalant friend. Daring acts need your participation.

**LIBRA**  
**SEPT 23-OCT 23**  
You'll know all the correct answers. Weigh the needs of others against your own. You'll begin to enjoy a childish friendship.

**TAURUS**  
**APRIL 21-MAY 21**  
Stock up on helpful advice. Legal action won't mend broken fences. You can deflect damage in an understated way.

**SCORPIO**  
**OCT 24-NOV 22**  
An old friend feels guilty about the past. Don't go out on a limb to prove a point. Sincere respect will be given to you.

**GEMINI**  
**MAY 22-JUNE 21**  
Speaking unkindly is not an option. An associate wants a bulletin on the day's events. Fun and games will be frustrating.

**SAGITTARIUS**  
**NOV 22-DEC 21**  
Lovers are bursting with good news. A vivacious friend regrets taking legal action. Everything around you seems fresh and new.

**CANCER**  
**JUNE 22-JULY 22**  
You don't have to compromise to find your own path. Everyone's too busy to ask questions. Your enthusiasm creates opportunities.

**CAPRICORN**  
**DEC 22-JAN 20**  
Show consideration to get financial support. An unrealistic desire flares up. Efficient organization can ease tensions.

**LEO**  
**JULY 23-AUG 23**  
Increase your influence by widening your perspective. Something doesn't make sense. Quick action makes a bully back down.

**AQUARIUS**  
**JAN 21-FEB 18**  
You can cause a quarrel by taking charge. You'll get shocking news while working. An intellectual talks about a difficult problem.

**VIRGO**  
**AUG 24-SEPT 22**  
Get ready for a loved one's excitement. A misplaced object plays havoc with your agenda. Keeping a strong focus will work wonders.

**PISCES**  
**FEB 19-MARCH 20**  
Life can't be great when you give unwanted advice. Frantic activity makes you giddy. Find your good fortune in a useless tradition.

### WORDY GURDY



### This day in history

- SEPT. 25, 1789: The U.S. Congress passes 12 amendments to the United States Constitution: the Congressional Apportionment Amendment, the Congressional Compensation Amendment, and the ten that are known as the Bill of Rights. Only the Bill of Rights were ratified at the time.
- SEPT. 25, 1929: Jimmy Doolittle performs the first blind flight from Mitchel Field proving that full instrument flying from take-off to landing is possible.
- SEPT. 25, 1997: Wing Commander Andy Green, OBE (RAF) establishes the world land speed record at Bonneville Salt Flats, Utah in the ThrustSSC jet-powered car, and becomes the first man to break the speed of sound on land.

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